

New Family Welcome Folder

Welcome Folder Includes:

- Welcome Letter
- Baby Brochure & DsO brochure
- The Arc brochure
- Parent to Parent Brochure
- Whatcom Taking Action brochure with SEAS leaflet
- Whatcom County Community Partners for Down syndrome handout
- What is DsO?
- Down syndrome Resources in WA State from The Center for Children with Special Needs – www.cshcn.org
- Resources for families who have a member with Down syndrome – Statewide and Local Resources
<http://www.doh.wa.gov/Portals/1/Documents/Pubs/344-060-DsResourceSheet.pdf>
- Special Care for Infants with Special Needs
- Infant Massage:
 - Infant Massage benefits: International Association of Infant Massage - <http://www.iaim.net/benefits/>
 - How to handout by Johnson & Johnson Pediatric Institute – www.jjpi.com
- What Can I Do To Help My Baby Learn From Home? By Sheryl Friess Zellis, Occupational Therapist
 - Excerpt from: Welcoming a Newborn with Down Syndrome: A New Parent's Guide to the First Month by Nancy McCreannone and Stephanie Hall Meredith

To receive a copy of the full guide: Welcoming a Newborn with Down Syndrome: A New Parent's Guide to the First Month, please contact Jessika Houston, DsO Coordinator: jessikah@arcwhatcom.org or call 360-715-0170 x 304.
- Disability Fact Sheet
 - A legacy disability fact sheet from NICHCY (National Dissemination Center for Children with Disabilities)
Source: <http://www.parentcenterhub.org/repository/downsyndrome/>
- You Are Not Alone: For Parents When They Learn Their Child Has a Disability, by Patricia McGill Smith
- Breastfeeding Brochure by the Canadian Down syndrome Society
 - Find it at: http://www.cdss.ca/index.php?option=com_content&task=blogcategory&id=14&Itemid=51
- Whatcom County breastfeeding resources

- People First Language Guide
- True Colors Shining Through: Down syndrome World magazine article
- Medical Home brochure
- AAP guidelines: Healthychildren.org - https://www.healthychildren.org/English/health-issues/conditions/developmental-disabilities/Documents/Health_Care_Information_for_Families_of_Children_with_Down_Syndrome.pdf
- Child Health Notes
- NDSS: booklet & A promising guide to the future: <http://www.ndss.org/Global/NDSS%20NPP-English.pdf>
- SEAS guide: <https://whatcomtakingaction.org/>
- Woodbine House book list: <http://woodbinehouse.com/>