

WHATCOM
taking**action**

for Children and Youth with Special
Health Care Needs (CYSHCN)

SEAS

Single Entry Access to Services

Resource Directory

for Children and Youth with Special
Health Care Needs

SEAS

Single Entry Access to Services
phone: 360.715.7485
fax: 360.676.6729

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The Arc of Whatcom County is the Lead Agency for Taking Action



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GIVING HERE MATTERS

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What is SEAS, and how can it help my family?

Single Entry Access to Services (SEAS) offers fast, easy access to services for kids ages birth to 21 who need specialized care and support (and their families). You may be asking:

- Is my child on track developmentally?
- Where can I go for help with behavior problems or trouble in school?
- Where can I find specialized care?
- How can I find help paying for my child's extra care?
- Where can I find support?

Call SEAS at (360) 715-7485. Your SEAS care navigator...

... will listen to you with patience and sensitivity, knowing that every person and family is different.

... will respect your time as you navigate the system, providing guidance and moral support every step of the way.

... will do their best to ensure all local kids and families receive the extra services and support they need.

Apoyo en Español para Familias – Family Support - Latino

Distrito Escolar - Contactos para Familias que Hablan Español

Distrito Escolar - Contactos para Familias que hablan Español	
Bellingham Schools Contacto personal: Sylvia Mendoza 360-961-6275	Blaine School District El Distrito Escolar provee un interprete 360-332-0722
Ferndale School District El Distrito Escolar provee un interprete 360-383-9212	Lynden School District Contacto personal: Teresa Mata (360)815-4513 (360)354-8714
Meridian School District El Distrito Escolar provee un interprete 360-398-9432	Mt. Baker School District El Distrito Escolar provee un interprete 360-383-2012
Nooksack Valley School District Contacto personal: Sylvia Mendoza 360-961-6275	Lummi Nation School No hay familias que hablen español 360-758-4300

El Arc Apoyo para Familias Latinas

<http://www.arcwhatcom.org/>

2602 MacLeod Rd.

Bellingham, WA 98225

Phone: (360) 715-0170 Fax: (360) 715-8522

El Arc promueve la participación e inclusión de las personas con discapacidades intelectuales y de desarrollo en la comunidad. El Arc ofrece una variedad de programas educativos y talleres enfocados a temas de actualidad que interesan a personas con discapacidades y a sus familias. Además, cuenta con programas específicos como:

- La Coalición de Padres
- La Divulgación de síndrome de Down
- El Programa de YASA para Jóvenes Adultos
- Apoyo Personal
- Defensa en la Escuela

El Centro para Niños con Necesidades Especiales

<http://cshcn.org/languages/spanish>

Seattle Children's Center for Children with Special Needs

PO Box 5371, M2-16
Seattle, WA 98105
(206) 987-3736

Información y herramientas que pueden ayudarle a cuidar a su hijo(a) que padece de una enfermedad crónica física, de desarrollo, de comportamiento o emocional.

Familia Latina

<http://www.brigidcollins.org/familia-latina/>

1231 Garden St. #200
Bellingham, WA 98225
(360) 734-4616, ext. 13

Apoyamos a familias en momentos de crisis, también tenemos clases y actividades semanales y mensuales para toda la familia. Nuestros servicios son completamente gratis. Consulta sin cita para familias Latinas. Manejador de casos. Nuestros servicios incluyen:

- Actividades familiares
- Información acerca de ser padres
- Madres comunitarias
- Apoyo en momentos de crisis familiares.

HealthyChildren.org (Organización para niños saludables)

<https://www.healthychildren.org/Spanish/Paginas/default.aspx>

HealthyChildren.org es el único sitio web sobre la crianza de los niños respaldada por 64.000 pediatras comprometidos al logro óptimo de la salud física, mental, social y el bienestar de los bebés, niños, adolescentes y adultos jóvenes.

National Down Syndrome Society (Sociedad Nacional de síndrome de Down)

<http://www.ndss.org/Resources/NDSS-en-Espanol/>

info@ndss.org

(800) 221-4602

Ofrece tres publicaciones en español: Un Futuro Prometedor Juntos: Una Guía Para Futuros Padres Primerizos, El Folleto de NDSS, y Envejecimiento y síndrome de Down: Una Guía de Salud y Bienestar.

Padres a Padres (Una parte de Parent to Parent)

<http://www.p2pwhatcom.org/es>

(360) 255-2056, ext. 2

familia@p2pwhatcom.org

Marta Mejia, la Coordinadora para la comunidad Latina.

Los programas de apoyo de Padres a padres ofrecen apoyo emocional e información a las familias de niños con diferencias del desarrollo y enfermedades crónicas. Toda su información se mantiene confidencial.

Servicios ofrecidos:

- Apoyo emocional para familias de niños con diferencias del desarrollo por padres/madres voluntarios.
- Actividades sociales y de recreación en nuestra comunidad - gratis.
- Visitas /citas con la coordinadora para la comunidad Latina, individualizadas para su familia.
- Boletín de noticias y recursos en español por correo postal o correo electrónico.
- Promoción social con participación de la comunidad en la inclusión de las personas con diferencias del desarrollo.

Sea Mar Community Health Centers (Sea Mar Centros de Salud Comunitarios)

Organización comunitaria que se compromete a proporcionar calidad, salud comprensiva y servicios humanos en el Estado de Washington.

Sea Mar se especializa en la medicina de cuidado primario para familias, incluyendo exámenes de salud preventivos, visitas de cuidado urgente, procedimientos menores, educación para la salud, atención durante la visita de pacientes convalecientes, y remisiones para otros servicios médicos.

Assistive Technology

Appolicious

<http://appolicious.com/search/special+needs>

Apps for Children with Special Needs

<http://specialchildren.about.com/od/equipment/tp/featuredapps.htm>

Assistive Technology Handouts

<http://whatcomtakingaction.org/category/how-to-handouts-videos/tools-and-technology/>

See The URL above for Assistive Technology handouts.

AT Grants to Families

<https://wce.wvu.edu/e-atrc/services-community-members>

Supports families in purchasing tools that may benefit their family member at home.

For more information, or to arrange a visit to the E-ATRC, please contact Linda Schleef, E-ATRC Coordinator: Linda.Schleef@wvu.edu

IEP Checklist App

<http://www.peatc.org/peatc.cgim?template=IEPChecklistiPhone>

The IEP Checklist App helps parents of students with special needs become better-informed advocates by making IEP information easier to access.

Northwest Access Fund

<http://washingtonaccessfund.org/>

Phone: (206) 328-5116 or 1-877-428-5116 (toll free) Fax: (206) 328-5126

info@nwaccessfund.org

Provides funding for people with disabilities in Washington state and Oregon to purchase assistive technology.

The Ershig Assistive Technology Resource Center of WWU

<https://wce.wvu.edu/e-atrc/ershig-assistive-technology-resource-center>

(360) 650-2783

The E-ATRC welcomes all community members, including:

- Educators and therapists from local schools
- Professionals from human services organizations
- Medical and mental healthcare professionals
- Family members and caregivers of individuals with disabilities
- Anyone interested in learning more about AT

The center strives to:

- Increase awareness about the range of technologies available to support individuals with diverse needs
- Provide ‘hands-on’ experience and as-needed support with technology tools in order to raise users’ comfort level
- Build knowledge about resources

Caregivers and Childcare

Alliance Nursing Care

<http://alliancenursing.com/>

1-800-473-3303

A privately owned home health company, providing medically intensive in-home care to technology-dependent, developmentally disabled adults and children.

In-home services include:

- Ventilator/Pulmonary Care
- Tracheotomy Care
- Tube Feedings
- Total Parenteral Nutrition
- Traumatic Brain Injury Care
- MS/ALS

Alliance also maintains three Adult Family Homes, located in Kirkland, Lynnwood, and Snohomish.

ARCH National Respite Network and Resource Center

<https://archrespite.org/>

Jill Kagan, Program Director

(703) 256-2084

jkagan@archrespite.org

ARCH Respite promotes the development of quality respite and crisis care programs, while helping families locate these services in their communities.

Information about respite care and an online tool for locating respite providers can be found on their website.

Caregivers and Childcare Handouts

<http://whatcomtakingaction.org/category/how-to-handouts-videos/childcare-respite/>

See The URL above for Caregivers and Childcare handouts, including:

- Childcare for CYSHCN
- Choosing a Caregiver Guide
- Community First Choice Personal Care Assistance for CYSHCN
- Tips on Placing a Childcare Ad on the WWU Website
- Ways to Find Respite in Whatcom County

Child Care Aware of Northwest Washington

<http://www.opppo.org/cca/>

1111 Cornwall Ave Ste 200

Bellingham, WA 98225

Provider Services: (360) 734-8396 ext. 227 or (888) 444-1862 ext. 227

Parent Referrals: (800) 446-1114

Enhanced referrals: (360) 734-8396 ext. 227

childcare@opppo.org

Opportunity Council's Child Care Aware is a community service that works with parents/families, early childhood educators, businesses, and community organizations to help promote the availability of high-quality early care and education programs.

- Vouchers for emergency or homeless childcare
- Referrals to licensed child care providers
- Consumer education materials to help make the most informed decision when selecting a high-quality early care and education program.
- Enhanced referrals for children with special needs
- Professional development and support services

Child Care Subsidy Program

<https://www.dshs.wa.gov/esa/community-services-offices/child-care-subsidy-program>

1-877-501-2233

The Working Connections Child Care program pays for child care subsidies to eligible households with parents who are working or are participating in a DSHS approved work activity and whose children meet citizenship requirements.

- The Seasonal Child Care program pays for child care subsidies to eligible seasonally employed agricultural families who live in designated counties and are not receiving TANF benefits.
- A special subsidy is available for eligible special needs children who are in daycare and require a higher level of care. Apply online for DSHS benefits or in person at the local CSO.

Head Start and ECAP - Ages 3-5 years

<http://www.oppc.org/preschool/>

1111 Cornwall Ave Ste 200

Bellingham, WA 98225

Phone: (360) 734-8396 Fax: (360) 671-5096

See Head Start and ECAP - Ages 3-5 years under Development and Early Learning.

Home Care Referral Registry of Washington State

<http://www.hcrr.wa.gov/>

PO Box 45600

Olympia, WA 98504

(800) 970-5456

The Home Care Referral Registry is a customized internet-based system operated by local Registry offices across Washington State. It is designed to assist seniors, individuals with developmental disabilities, their families and representatives to find pre-screened home care workers that best meet their personal and respite care needs.

Lifespan Respite Washington

<http://www.lifespanrespitewa.org/>

11627 Airport Rd., Suite B, Everett, WA 98204

(425) 355-1112 ext. 125 or (425) 513-1900

lporter@sssc.org

Administers the Respite Voucher Program System for unpaid, unserved family caregivers throughout Washington.

"Family" caregivers are individuals who dedicate more than 40 hours a week to the direct care, monitoring, and/or supervision of a loved one, including friends or neighbors.

Nathaniel's Hope Buddy Break

<http://www.northsidecommunitychurch.com/buddy-break/>

<http://www.facebook.com/BuddyBreakNorthside>

950 Kline Rd.

Bellingham, WA 98226

(360) 398-1442

Buddy Break Coordinator: Rhonda Rische

buddybreaknorthside@yahoo.com

Buddy Break is a FREE kids/respite program designed to give caregivers of kids with special needs (VIP kids) a break from their ongoing care-giving responsibilities. VIPs include kids with any physical, cognitive, medical, or hidden disability, chronic or life-threatening illness, or those who are medically fragile. Each VIP kid at Buddy Break is paired up with a Buddy friend for one-on-one attention as everyone has fun playing games, hearing and seeing great children's stories, videos, music, and more while giving the caregivers a much needed break. Siblings have fun too. Meanwhile, their caregivers get a break from their ongoing care-giving responsibilities for three hours on a Saturday once a month.

Preschools in Whatcom County

<http://whatcom.kidinsider.com/schools/schools-camps-classes/Schools/menu-id-165>

A list of over fifty preschools in Whatcom County.

Super Sitter Program of Parent to Parent

<https://sites.google.com/a/p2pwhatcom.org/www/>

2001 H St.

Bellingham, WA 98225

(360) 671-3660

Provides instruction, including CPR/First Aid certification to participants about the additional care, communication, and inclusion needs of children with developmental disabilities, delays and ongoing health care needs. The program also provides a list of recommended Super Sitters to families in our community.

Visiting Nurse Home Care

(360) 734-9662

A non-profit organization providing at-home services for elderly and disabled citizens of Whatcom, Skagit, and Island counties. In addition to nursing, they also provide non-medical household assistance, such as:

- Housekeeping
- Errands
- Personal care
- Shopping

Whatcom Family Cooperative Preschool

<http://www.whatcomfamilycoop.org/>

2800 James St.

Bellingham, WA 98225

sunnylandcooperativepreschool@gmail.com

A preschool operating in collaboration with the Whatcom Community College and Bellingham School District's Special Education Preschool Program.

Development and Early Learning

Development and Early Childhood Learning Handouts

<http://whatcomtakingaction.org/category/how-to-handouts-videos/education/>

See The URL above for Development and Early Learning handouts, including:

- School Advocacy
- School Services for Children Under 5
- School Services for School-Age Children

Early Head Start - Ages 0-3 years

<http://www.oppc.org/ehs/>

See ELAFS contact information below.

Designed to meet the needs of pregnant women, infants, toddlers and their families. Services include prenatal education and support for expectant parents, health and nutrition services, family development support, group socialization and home visits focusing on child development and quality early education.

Early Learning and Family Services (ELAFS)

<http://www.oppc.org/early-childhood-education-and-assistance/>

1111 Cornwall Ave Ste 200

Bellingham, WA 98225

Phone: (360) 734-8396 Fax: (360) 671-5096

Early childhood development services for low-income families, and children with special needs. Programs are free for eligible families. Programs include Early Head Start, Head Start, Early Support for Infants and Toddlers, the Early Childhood Education and Assistance Program (see below).

Early Support for Infants and Toddlers (ESIT) – Ages 0-3 years

<http://www.opcco.org/whatcom-early-support-for-infants-and-toddlers/>

(360) 715-7485 or (360) 734-8396, ext. 425 (Lead Family Resources Coordinator)

Provides services to children birth to 3 who have disabilities and/or developmental delays. Eligible infants and toddlers and their families are entitled to individualized, quality early intervention services in accordance with the federal Disabilities Education Act (IDEA), Part C.

Head Start and ECAP – Ages 3-5 years

<http://www.opcco.org/preschool/>

See ELAFS contact information above.

Children enrolled in Head Start and the Early Childhood Education and Assistance Program (ECAP) attend preschool at a Child Care Partnership site, and receive health assessments, nutrition education, mental health services, social service referrals, home visits, and family support services.

Inspire Development Centers Migrant Seasonal Head Start (MSHS)

[https://inspire-centers.org/Programs/MIGRANTSEASONALHEADSTART\(MSHS\).aspx](https://inspire-centers.org/Programs/MIGRANTSEASONALHEADSTART(MSHS).aspx)

See the contact information for ECAP

MSHS provides childcare services to the children of migrant and seasonal farmworker families throughout the state of Washington. The program focuses on:

- Nutrition
- Health
- Parent involvement
- Social, emotional, cognitive, and physical development

Children must be between 1 month and 5 years old to qualify.

PeaceHealth Children's Therapy

<https://www.peacehealth.org/phmg/bellingham-lynden/services/specialty-care/childrens-therapy/Pages/Default.aspx>

4545 Cordata Pkwy, Ste LL4

Bellingham, WA 98226

(360) 752-5622

Our Children's Therapy Program provides comprehensive evaluation and treatment for children up to 12 years of age with suspected or identified developmental delays or neuromuscular impairment.

Medical coupons accepted. Medical insurances are billed directly. A physician referral is required.

- Neurodevelopmental assessment
- Occupational therapy
- Physical therapy

- Speech therapy

Thrive Washington

<http://thrivewa.org/>

“Love, Talk, Play” is a messaging campaign that aims to surround parents and caregivers of children birth to age 3 with simple messages about three key things all parents can and need to be doing with their children every day: love, talk and play.

US Department of Education: Building the Legacy: IDEA 2004

<http://idea.ed.gov/>

The Individuals with Disabilities Education Act (IDEA) is a law ensuring services to children with disabilities throughout the nation. IDEA governs how states and public agencies provide early intervention, special education and related services to more than 6.5 million eligible infants, toddlers, children and youth with disabilities. Infants and toddlers with disabilities (birth-2) and their families receive early intervention services under IDEA Part C. Children and youth (ages 3-21) receive special education and related services under IDEA Part B.

Washington State Department of Early Learning

<https://www.del.wa.gov/parents-family/>

Information and resources for children’s first and most important teachers: parents, as well as others who care for and teach young children.

Whatcom Center for Early Learning

<http://www.wcel.net/>

2001 H St.

Bellingham, WA 98225

(360) 671-3660

info@wcel.net

Provides comprehensive, family-centered early intervention services to children with developmental delays or disabilities, from birth to age three years.

Programs include:

- Early Intervention Program: family-centered services for eligible children ages birth to 3 in their homes or community settings.
- Sensational Toddlers: a weekly, sensory based, parent-child program for children 18 months to 3 years, with and without special needs, in collaboration with Bellingham Parks and Recreation.
- Ferndale Toddler Time: lets children and their families meet other families to socialize, play, and learn together.
- Parent to Parent Support Programs: available to children and families that receive Early Intervention Services. These playgroups provide socialization and play opportunities for children and their caregivers.

Within Reach – Washington Help Me Grow, ParentHelp123

<http://parenthelp123.org>

Family Health Hotline: (800) 322-2588

Within Reach provides free developmental screening, connections to early learning and family support services, referrals to early intervention for developmental delays, and family support in English and Spanish to families across Washington.

The Family Health Hotline is available Monday - Thursday: 8:00 AM - 5:30 PM, and Friday: 8:00 AM - 5:00 PM.

Diagnosis-Specific Information

American Diabetes Association

<http://www.diabetes.org>

Autism 200

<http://www.seattlechildrens.org/classes-community/classes-events/autism-200-series/>

Wright Auditorium

Seattle Children's Hospital

4800 Sand Point Way NE

Seattle, WA 98105

(206) 987-8080

A series of free 90-minute classes for parents and caregivers of children with autism who wish to better understand this disorder. Faculty from Seattle Children's and the University of Washington and community providers teach the classes. Each class includes time for questions.

Classes are open to the general public. There is no need to register in advance to attend. Lectures are held the third Thursday of the month, 7:00 – 8:30 PM, at Seattle Children's Hospital's main campus in Wright Auditorium.

Visit the above URL for information about parking, to see a class schedule, and to view past lectures online.

Autism Now

<http://autismnow.org/what-we-do/>

Phone: 1-855-828-8476 or (202) 600-3480 Fax: (202) 534-3731

info@autismnow.org (or use the form on their "Contact Us" page)

A national source for resources and information on community-based solutions for individuals with autism, other developmental disabilities, and their families. A national initiative of The Arc.

Go to the link above to find out more about the resources Autism Now offers, including:

- Fact sheets
- Webinars
- Information & referral call center
- Online forum

Autism Society of Washington

<http://www.autismsocietyofwa.org/>

Brain Injury Alliance Washington (BIAWA)

<http://www.biawa.org/>

316 Broadway Suite 305

Seattle, WA 98122

(877) 982-4292

An organization dedicated to increasing public awareness, support, and hope for those affected by brain injury.

Diagnosis-Specific Handouts

<http://whatcomtakingaction.org/category/how-to-handouts-videos/diagnosis-specific/>

See The URL above for Diagnosis Specific handouts including:

- Autism 101
- Down syndrome Partners

Down Syndrome Community (DSC)

<http://downsyndromecommunity.org/>

Phone: (206) 257-7191 Fax: (206) 257-7191

contact@downsyndromecommunity.org

An all-volunteer organization whose mission is to provide impactful programs and resources for individuals with Down syndrome and their families while evolving perceptions in the broader community.

Down syndrome Outreach (DsO) at The Arc of Whatcom County

http://arcwhatcom.org/wp/?page_id=41

(360) 715-0170, ext. 304

jessikah@arcwhatcom.org

The mission of Down syndrome Outreach is to advocate for the rights, promote the potential and abilities, and create a supportive and inclusive community for people with Down syndrome. DsO:

- Provides a New Baby kit for families once connection is made with DsO Coordinator

- Has fun family networking events, specifically for the Down syndrome community
- Provides birth through life support, info and updates via The Arc's Empower newsletter and eAlerts
- DsO coordinator, Jessika, can answer your questions and help get you connected to community resources

Down Syndrome Research Foundation

<http://www.dsrf.org/>

1409 Sperling Avenue

Burnaby, B.C., Canada V5B 4J8

(604) 444-3773 or toll-free in Canada at (888) 464-DSRF

The mission of the Down Syndrome Research Foundation is to empower individuals with Down syndrome to reach their full potential throughout life by pioneering and providing educational programs and services, grounded in foundational research. Working with researchers, professionals and families, we are a bridge between research and practice.

Epilepsy Foundation Northwest

<http://www.epilepsynw.org/>

2311 N. 45th St., #134

Seattle, WA 98103

Phone (Seattle Office): (206) 547-4551 Fax: (206) 400-1651

mail@epilepsynw.org

An advocacy foundation for the epilepsy community in Oregon, Washington and Alaska with support to neighboring Northwest states. Their programs include:

- Camp Discovery (Annual youth summer camp)
- Community Action Network (C.A.N.) Program (Community Volunteer Program)
- Speak Up Speak Out (S.U.S.O.) Program (Advocacy and government relations)
- Emergency Medication Assistance (For uninsured, homeless and needy)
- Community Education & Training (For public, police, teachers, nurses and employers)
- Teen, Adult, Parent Support Groups (Support groups for people with epilepsy and their families)
- Employment Assistance Programs (Support for employment transition)
- Public Education Programs (spring and fall conferences about epilepsy)

FACES Northwest

<http://facesnorthwest.com/wp/>

(360) 389-2151

A 501(c)3 nonprofit corporation founded and operated by parents of children with autism in Whatcom County. Private pay, partially covered by Extended School Year school district funds.

Eight-week therapeutic recreational day camp in July and August for children and young adults with autism from ages 5 through 21.

Families for Effective Autism Treatment (FEAT)

<http://www.featwa.org/>

FEAT provides family support and resources in several different ways:

- Initial contact, direction and support through Family Services
- Financial support through Ben's Fund

Fetal Alcohol Syndrome Diagnostic & Prevention Network (FAS DPN)

<http://depts.washington.edu/fasdpn/>

1701 NE Columbia Rd.

University of Washington

Seattle, WA 98195-7920

Faye Louie

(206) 598-9666

fasdclin@uw.edu

Susan Astley, PhD

(206) 598-0555

astley@uw.edu

A statewide network of interdisciplinary FASD (fetal alcohol spectrum disorder) diagnostic clinics led by the core clinical/research/training clinic at the Center on Human Development and Disability at the University of Washington.

FAS DPN works toward primary and secondary prevention of FAS through screening, diagnosis, intervention, training, education, and research.

Please contact Clinic Coordinator Faye Louie with questions regarding FASD diagnostic appointments and 1-day observational training.

Contact the Director of FAS DPN, Susan Astley, with all other questions.

Fragile X Association of Washington State

<https://fragilex.org/community/community-support-network/northwest/fragile-x-association-of-washington-state/>

Learning Disabilities Association of Washington (LDA WA)

<http://www.ldawa.org/>

Nancy Sobich

(425) 882-0820

nsobich@ldawa.org

LDA WA promotes awareness of, advocates for, and supports individuals and families affected by learning and attentional disabilities.

Lower Mainland Down Syndrome Society

www.lmdss.com

201-13281 72nd Ave

Surrey, BC V3W 2N5

(604) 591-2722

The Lower Mainland Down Syndrome Society aims to:

- Provide information, support, and resources to individuals with Down syndrome in BC and their families.
- Provide information about Down syndrome and resources to people and organizations that support individuals with Down syndrome and their families.
- Advocate that governments and appropriate agencies provide the special resources often needed by individuals with Down syndrome and their families.

Muscular Dystrophy Association (MDA)

<https://www.mda.org/>

(800) 572-1717 or (206) 283-2183 (Seattle office)

Email: use the "We're Here For You" form on their website

Provides information, support, and resources for individuals and the families of individuals with muscular dystrophy, ALS, and related muscle-debilitating diseases, as well as funding for muscular dystrophy research.

MDA also hosts a summer camp for children with muscle-debilitating diseases.

National Association for Down Syndrome

<http://www.nads.org>

National Down Syndrome Congress

<http://www.ndscenter.org/>

National Down Syndrome Society

<http://www.ndss.org/>

(800) 221-4602

info@ndss.org

The mission of the National Down Syndrome Society is to be the national advocate for the value, acceptance and inclusion of people with Down syndrome.

National Organization for Rare Disorders

<https://rarediseases.org/>

1-800-999-6673

Patient advocacy organization dedicated to individuals with rare diseases and the organizations that serve them. Provides information about rare diseases and resources for connecting with the rare disease community.

NICHCY Legacy Resources

<http://www.parentcenterhub.org/nichcy-resources/>

Archived resources from the National Dissemination Center for Children with Disabilities (NICHCY).

Project Little Dude

www.projectlittledude.com

(360) 483-6954

Contact Krissy Eiben: Krissy@projectlittledude.com

Project Little Dude is a parent-run Whatcom County organization that:

- Provides families with a new diagnosis of Down syndrome a Kit with therapeutically minded and resourceful supportive devices as well as helpful and current books
- Has educational therapeutic workshops for new families and providers
- Is an independent source of info and support with connection to local support programs (above) and an online sharing source of tips, advice equipment, professionals list, product guides and suggestions

Seattle Children's Autism Center

<http://www.seattlechildrens.org/clinics-programs/autism-center/>

4800 Sand Point Way NE

Seattle WA 98105

(206) 987-8080 or (866) 987-2000 (toll free)

Seattle Children's Autism Center provides assessment, diagnosis, treatment and support for autism spectrum disorders. We offer a range of medical and mental health services for babies, children and young adults.

Spina Bifida Advocates of Washington State

<http://www.sbaws.org/>

2128 N Pines D. Suite 17B

Spokane, WA 99206

(253) 589-3700 or (888) 289-3702 (toll free)

info@sbaws.org

Advocates for individuals with Spina Bifida in Washington State by providing support, hosting events, engaging in outreach and raising public awareness.

United Cerebral Palsy

<http://ucp.org/>

(800) 872-5827 or (202) 776-0406

UCP educates, advocates and provides support services for people with a spectrum of disabilities.

UW Autism Center

<http://depts.washington.edu/uwautism/clinical-services/>

University of Washington, Center on Human Development and Disability

PO Box 357920

Seattle, WA 98195-7920

(206) 221-6806

The UW Autism Center provides a range of comprehensive evaluation services for individuals with ASD. Individualized, written evaluation reports provide recommendations for treatment, intervention, and educational planning for use at school and in the home. The Autism Center's Clinical Services also provide state-of-the-art comprehensive and coordinated services to children from birth through early adulthood at risk for or with autism spectrum disorders (ASD) and/or Asperger syndrome, and their families.

Education Advocacy

Autism Outreach Project

<https://www.nwescd.org/autism>

Development and Early Learning Handouts

<http://whatcomtakingaction.org/category/how-to-handouts-videos/education/>

See The URL above for Development and Early Learning handouts related to Education Advocacy, including:

- School Advocacy
- School Services for Children Under 5
- School Services for School-Age Children

Partnerships for Action, Voices for Empowerment (PAVE)

<http://wapave.org>

6316 S 12th St.

Tacoma, WA 98465-1900

Phone: (253) 565-2266 or 1-800-5-PARENT Fax: (253) 566-8052

pave@wapave.org

PAVE is a parent organization providing support, advocacy, training and informational resources to empower families and individuals with disabilities. PAVE offers several programs for individuals and families in WA, including:

- Specialized Training of Military Parents (STOMP)

- Parent Training and Information (PTI)
- The Community Inclusion Program (CIP)
- Family Voices of WA
- The Community Inclusion for Everyone Program (CIE)
- The Family-to-Family Health Information Center (F2FHIC)
- Person Centered Planning

The Washington State Parent Training and Information Center (PTI) is a federally funded program that helps parents and other professionals advocate for individuals in the special education system. PTI coordinators provide:

- Printed information
- Educational workshops
- One to one assistance
- Attendance at educational meetings (when available)
- Support in understanding your rights and responsibility to a free and appropriate public education for your child

Private Schools in Whatcom County

<http://whatcom.kidinsider.com/schools/schools-camps-classes/Schools/menu-id-165>

A list of private schools in Whatcom County.

Sendan Center

<http://sendancenter.com/>

1616 Cornwall Ave Ste 100

Bellingham, WA 98225

Phone: (360) 305-3275 Fax: (360) 734-5503

See Sendan Center under Mental Health, Counseling and Behavior Management.

Special Education Programs within Whatcom County Schools

Each of the seven school districts in Whatcom County provides evaluation and early intervention services for children beginning at age three. If a delay is suspected in any of the five areas (cognition, communication, fine motor, gross motor and/or social emotional) the school district will provide an interdisciplinary evaluation. Eligible children will be provided a preschool program with an Individualized Education Plan (IEP).

Contact the special education program in your school district:

- Bellingham: (360) 676-6514
- Blaine: (360) 332-0722
- Ferndale: (360) 383-9212
- Lummi: (360) 758-4300
- Lynden: (360) 354-2893
- Meridian: (360) 398-9898
- Mt. Baker: (360) 383-2012
- Nooksack Valley: (360) 988-4754

State of Washington Office of Superintendent of Public Instruction (OSPI)
<http://www.k12.wa.us/SpecialEd/default.aspx>

Scott Raub, Special Education Parent Liason
(360) 725-6075

Provides information on the laws governing special education in Washington State.

The Arc of Whatcom County
<http://www.arcwhatcom.org/>

2602 McLeod Rd.

Bellingham, WA 98225

Phone: (360) 715-0170, ext. 303 Fax: (360) 715-8522

Advocacy, information and referrals for persons with developmental disabilities, support and education for caregivers.

Programs and services offered by the Arc:

- Parent Coalition
- Educational Materials and Workshops
- 1 on 1 support
- Education Advocacy
- Young Adult Self-Advocacy
- Information and guidance on guardianships and legal issues when transitioning to adult services
- Down syndrome Outreach
- Voucher Program

Washington Autism Alliance and Advocacy (WAAA)
<http://www.washingtonautismadvocacy.org/>

A volunteer-run organization serving approximately 2000 children and adolescents statewide.

WAAA provides access to a supportive network of families of children on the spectrum who help find providers and school services, as well as personal support. A free online Resource Directory includes statewide Autism services of all types with personal recommendations from member families. All members receive access to free insurance and special education advocacy tools.

Provides pro-bono contacts with Family Resource and Advocacy Coordinators who provide assistance with health insurance appeals and social service appeals.

Most member families:

- Don't qualify for any social services or aid
- Pay out of pocket for therapies until they can no longer afford to

Washington State Governor's Office of the Education Ombuds
<http://oeo.wa.gov/>

(866) 297-2597

OEOinfo@gov.wa.gov

The role of the Office of the Education Ombudsman is to:

- Listen to concerns and perspectives
- Advocate for consumer access to fair processes
- Ensure focus is on positive student outcomes
- Resolve complaints through alternative dispute resolution techniques
- Collect data, identify trends, and report recommendations to policy makers and elected officials to improve educational access and outcomes for students
- Answer questions about the public education system

Whatcom Homeschool Association

<http://www.whatcomhomeschool.org/>

(360) 671-3689

whatcomhomeschool@comcast.net

Whatcom Homeschool Association is operated completely by volunteers who want to see families grow closer through learning together. If you would like more information about Whatcom Homeschool Association, contact them via email.

Wright's Law

<http://www.wrightslaw.com/>

Information about special education law, education law and advocacy for children with disabilities.

Family Support

AARP GrandFacts

<http://www.aarp.org/relationships/friends-family/grandfacts-sheets/>

State fact sheets for grandparents and other relatives raising children

Bellingham Center for Healthy Motherhood

<http://www.centerforhealthymotherhood.com/>

1012 Dupont St.

Bellingham, WA 98225

(360) 526-2185

A specialty women's health center providing women's health care and comprehensive breastfeeding support and education in a quiet, warm, and respectful environment. The goal is to create a physical location where women of all ages can have access to quality health care, support and education; a gathering place.

Brigid Collins Family Support Center

<http://www.brigidcollins.org/>

1213 N Garden St. Ste 200

Bellingham, WA 98225

Phone: (360) 734-4616 Fax: (360) 734-1763

contact@brigidcollins.org

Programs support the healthy development of all families, promoting family support as a means to prevent child abuse.

- Parenting Skills Building Program
- Parents Helping Parents Support Groups Foster Vision
- Familia Latina

Children with Special Needs

<http://www.cshcn.org/>

A program of Seattle Children's Hospital. Information for families and professionals focusing on children with special healthcare needs who have chronic physical, developmental, behavioral or emotional conditions. They provide:

- Information and resources
- Program evaluation and needs assessment
- Health education and training
- Getting started after a new diagnosis (<http://www.cshcn.org/get-started>)
- Planning and record keeping, including Care Organizer
- Finding support and making connections (<http://www.cshcn.org/support-connection>)
- Downloadable forms and documents (<http://www.cshcn.org/download-documents>)

Please Note: They do not provide direct care, evaluation or treatment for individual children.

Complex Child

<http://complexchild.org/>

Monthly online magazine written by parents of children with special healthcare needs and disabilities.

Domestic Violence & Sexual Assault Services (DVSAS)

<http://www.dvsas.org/>

1407 Commercial St.

Bellingham, WA 98225

24-Hour Helpline: (360) 715-1563 or (877) 715-1563

Through advocacy counseling, support groups, legal assistance, and community trainings, DVSAS provides support, education, and healing to thousands of people

each year. Services are free and confidential. Call if you or someone you know has experienced domestic violence or sexual assault.

Walk-in Services: Monday-Friday, 9am-5pm

DSHS Developmental Disabilities Administration (DDA, formerly DDD)

<https://www.dshs.wa.gov/dda>

2219 Rimland Dr. Suite 315

Bellingham, WA 98226

DD3FSO@dshs.wa.gov

Phone: (360) 714-5000 or (800) 239-8285 Fax: (360) 714-5001

Assists individuals with developmental disabilities and their families to obtain services and supports based on individual preference, capabilities and needs. Services are based on DDA guidelines and available funding.

Easterseals Washington

<http://www.easterseals.com/washington/>

(206) 281-5700

Easterseals Washington offers a variety of services to help people with disabilities address life's challenges and achieve personal goals, including physical rehabilitation and job training. Their resources for children include:

- Camp Stand By Me: a fully accessible recreational facility providing residential summer camp and respite services for children and adults with any disability.
- Child Development Centers: centers providing developmentally appropriate care and education for children of all abilities.
- Make the First Five Count: a program supporting children at risk of developmental delays, disabilities or autism.
- Autism/ABA Therapy: offered at the Olympic Peninsula Autism Center.

Families Together

<http://www.familiestogether.org/>

115 NW State St. Suite 105

Pullman, WA 99164

Karen Nelson

(208) 874-7720

karen@familiestogether.org

Non-profit organization with programs designed to help family members work together to improve the lifelong outcomes for their child or sibling with a disability. Programs include:

- Family unity recreation activities
- Parent training for children with challenging behavior
- Theatre acting classes

- Day summer camp

Family Support Handouts

<http://whatcomtakingaction.org/category/how-to-handouts-videos/support-resources/>

See The URL above for Family Support handouts, including:

- Community First Choice Personal Care Assistance for CYSHCN
- DDA Services
- Tips on Placing a Childcare Ad on the WWU Website
- Ways to Find Respite in Whatcom County

Family Voices

<http://www.familyvoices.org/>

Provides families the tools to make informed decisions, advocate for improved public and private policies, build partnerships among professionals and families, and serve as a trusted resource on health care.

Generations United

<http://www.gu.org/>

Strives to improve the lives of children, youth, and older adults through intergenerational collaboration, public policies and programs for the enduring benefit of all.

Kinship Caregiver Services (part of Northwest Regional Council)

<http://www.nwrcwa.org/kinship-caregiver-services/>

(800) 317-5427 or (360) 676-6577

Grandparents and other family members raising a relative's child are known as Kinship Caregivers. Kinship Caregivers are often unaware of available support. Kinship Navigators connect Caregivers with community resources, including healthcare, financial and legal services, support groups and emergency funds. Almost all Kinship Care families qualify for some benefits. Kinship Navigators provide crucial links between Kinship Caregivers and these services, to help create healthier environments and keep children out of the child welfare system.

Lummi Tribal Office

<http://www.lummi-nsn.org>

2592 Kwina Rd.

Bellingham, WA 98226

(360) 384-1489

Serves members of the Lummi Nation by providing information and referrals.

Northwest Youth Services

<http://www.nwys.org/>

1020 N State St.

Bellingham, WA 98225

Phone: (360) 734-9862 Fax: (360) 734-4720 TTY: (800) 833-6388

Specializes in helping youth who have been marginalized by their choices or simply because of who they are. Services include:

- Whatcom Housing Programs – transitional and permanent housing
- Vocational opportunities – education and employment Detour outreach services – St. Outreach Team Diversion program opportunities – Teen Court

Opportunity Council

<http://www.opcco.org/>

1111 Cornwall Ave

Bellingham, WA 98225

Phone: (360) 734-5121 Fax: (360) 671-0508

Broad scope of services that range from helping people in crisis with immediate needs to addressing long-term systemic change.

Community Resource Centers: Connects people with community resources to help meet basic needs such as food and housing; including requests for emergency shelter, rental assistance, referrals for affordable housing and problem solving help with landlord/tenant issues.

Food and Nutrition: Information about nutrition, and local food resources, Maple Alley Inn serves hot meals at two locations.

Home and Energy programs, including: Conservation Education, the Energy Assistance, Home Repair, Lead Hazard Reduction, and Weatherization.

Housing Programs, which include:

- Dorothy Place for single women and women with children
- Homeless Housing for families and individuals
- Marjie's House in Oak Harbor for women and children
- Supportive Services for Veteran Families
- Whatcom Homeless Service Center providing eviction prevention, rental assistance and other services

Early Learning and Family Services, such as Child Care Resources, which include:

- Child Care Aware of NW Washington
- Child Care Nutrition Program
- Homeless and Emergency Child Care

Parent to Parent of Whatcom County (P2P)

<https://sites.google.com/a/p2pwhatcom.org/www/>

2001 H St.

Bellingham, WA 98225

(360) 255-2056

Emotional support and information to families of children with developmental disabilities, delays, and ongoing health care needs. Trained Helping Parents whose parenting experiences match yours as closely as possible.

- Emotional support for parents of children with disabilities and chronic illnesses.
- Information and referrals to community resources.
- Trained Helping Parents whose parenting experiences match yours as closely as possible.
- Social and recreational events.
- Current information on disabilities, medical conditions and community resources.

ParentHelp123

<http://www.parenthelp123.org/>

Family Health Hotline: (800) 322-2588

ParentHelp123.org is operated by the statewide nonprofit, WithinReach. It provides a means for Washington State families to:

- Find services in their communities, such as health insurance and food assistance programs.
- Acquire information about maternal, child, and family health.

Individuals can also call the WithinReach Family Health Hotline (Monday - Thursday: 8:00 AM - 5:30 PM, and Friday: 8:00 AM - 5:00 PM) to learn more about:

- WIC (Women, Infants & Children Nutrition Program)
- Basic Food (Food Stamps)
- Health Insurance for children, pregnant women and adults
- Birth control through the Take Charge Program
- Health and family planning clinics
- Developmental screenings
- And more

Rebound of Whatcom County

<http://reboundfamilies.org/>

316 E McLeod Rd. Suite 102

Bellingham, WA 98226

(360) 714-0700

Shelli Wood

shelli@reboundfamilies.org

Working in partnership with local agencies, area churches, local businesses and several hundred volunteers, Rebound brings hope and healing through such services

as a 7-week summer program, parent education, middle school groups, and support groups for elementary-aged kids and parents.

Rebound of Whatcom County programs include:

- Roots: a program which supports the family as a whole, offering Parenting Enrichment classes and Kids Support Groups. For more information about Roots, contact Shelli Wood, or call their office.
- Deep Roots: an academic and social skills support program for middle school youth who are considered at risk.
- Ray of Hope: a six week summer day program for kids who most need, yet seldom experience, a holistic, well-staffed, fun and safe summer. Offers arts and crafts, recreation, field trips, and artistic enrichment.

SEAS: Single Entry Access to Services

<http://whatcomtakingaction.org/>

Phone: (360) 715-7485 Fax: (360) 676-6729

See What is SEAS, and how can it help my family?

Starlight Children's Foundation

<http://www.starlight.org/>

(310) 479-1212

Email: use the form on the "Contact Us" page of their website

Starlight Children's Foundation partners with brands, companies, charitable foundations, socially aware groups, and individuals to bring entertainment, education and technology to children with illnesses in the United States.

The Arc of Whatcom County

<http://www.arcwhatcom.org/>

2602 McLeod Rd.

Bellingham, WA 98225

Phone: (360) 715-0170 Fax: (360) 715-8522

See the Arc of Whatcom County under Education Advocacy.

The Sibling Support Project

<https://www.siblingsupport.org/>

The Sibling Support Project is a national program dedicated to the life-long concerns of brothers and sisters of people with special health, developmental, and mental health concerns.

(For local activities, see Parent to Parent.)

Washington Autism Alliance and Advocacy (WAAA)

<http://www.washingtonautismadvocacy.org/>

See Washington Autism Alliance and Advocacy (WAAA) under Education Advocacy.

Washington State Department of Social and Health Services Kinship Care
<https://www.dshs.wa.gov/altsa/home-and-community-services-kinship-care/kinship-care>

Are you a grandparent or other family member raising a relative's child? You are not alone. The financial, legal, and emotional issues of raising a relative's child can be challenging. Services and support when raising a relative's child can be a lifesaver.

Getting answers to questions and finding services, programs, and support can be confusing and overwhelming. We are here to help.

Specific Topics/Resources through that site include:

- Legal Issues
- Benefits and Services
- Health Care
- DSHS Kinship Publications

Washington State Father's Network
<http://www.fathersnetwork.org>

Washington State Medical Home Partnership Project
<http://www.medicalhome.org/>

Offering information, tools, and resources that support a medical home for children and youth with special health care needs and their families. For families, physicians, and other providers.

Financial

Blue Skies for Children
<http://www.blueskiesforchildren.org/>

2505 Cedarwood Ave Ste 5

Bellingham, WA 98225

Office Hours: M-Th, 10:00AM to 4:00PM

Phone: (360) 756-6710 Fax: (360) 756-6684

To raise hope and self-esteem by sponsoring enrichment programs and other essentials for homeless, low-income and foster children in Whatcom and Skagit Counties.

Programs and services include:

- Little Wishes Enrichment Program
- One-Time Little Wishes Program
- Shoes Give Program
- Winter Warm-Up Program
- Driver's Education Scholarship
- Josh Fueston Memorial Swim to Live Fund

Department of Social & Health Services (DSHS)

<https://www.dshs.wa.gov/>

(877) 501-2233

Online Community Services Office (CSO) and online application for general benefits.

DSHS Child Care Subsidy Program

<https://www.dshs.wa.gov/esa/community-services-offices/child-care-subsidy-program>

(Includes Working Connections Child Care and Seasonal Child Care.)

Childcare subsidy for families who are working and meet the criteria for the program. A special subsidy is available for eligible special needs children who are in daycare and require a higher level of care. Apply online for DSHS benefits or in person at the local CSO. See Caregivers and Childcare for more information.

Families for Effective Autism Treatment (FEAT)

<http://www.featwa.org/>

See Families for Effective Autism Treatment (FEAT) under Diagnosis-Specific Information.

Financial Handouts

<http://whatcomtakingaction.org/category/how-to-handouts-videos/cost-assistance/>

See The URL above for Financial handouts, including:

- Childcare for CYSHCN
- Paying for Diapers with Provider One Medical Coverage

Life Opportunities Trust

http://arcwa.org/getsupport/life_opportunities_trust

<http://ddetf.wa.gov/>

Developmental Disabilities Endowment Trust Fund

c/o The Arc of Washington State

2638 State Ave. NE

Olympia, WA 98506

1-888-754-8798, ext. 1 (toll free)

The DD Endowment Trust Fund is a supplemental special needs trust program. It was established in 1999 by the Washington State Legislature and opened for enrollments in July of 2002.

The DD Endowment Trust Fund allows individuals with developmental disabilities, or their families, to set aside funds for future use without affecting their eligibility for government services and benefits, such as Supplemental Security Income (SSI) and Medicaid.

Funds can be withdrawn from the trust and used for many services not covered by other benefits, including recreation, therapy, clothing and transportation.

NeedyMeds

<http://www.needymeds.org/>

Information on how to access special programs and grants to help with medical expenses.

Possibilities

<http://www.pacer.org/publications/possibilities/>

A Financial Resource Guide for Parents of Children with Disabilities

Sisu Children's Fund

<http://sisuchildrensfund.org/>

(360) 671-8766

sisuchildrensfund@gmail.com

A public charity able to give grants directly to needy families in Washington State, with priority to children in Whatcom and Skagit Counties.

- Academic scholarships to a few admirable students each year. In order to qualify, you must have had a mental or physical disability in the past.
- Financial to buy medical treatment, equipment or therapy.

Supplemental Security Income (SSI) Benefits

<http://www.ssa.gov/disabilityssi/ssi.html>

Supplemental Security Income (SSI), a program administered by the Social Security Administration (SSA), pays benefits to disabled adults and children who have limited income and resources. A child younger than age 18 can qualify if his or her family's income and resources fall within the eligibility limits and he or she meets SSA's definition of disability for children. For some conditions, if the child is eligible based on the family's income and resources, SSI payments are granted right away, while the agency decides whether he/she meets the disability definition. If the agency decides that the child's disability is not severe enough for SSI, the family will not have to pay back the SSI payments that the child received. See publications: Benefits for Children with Disabilities and Apply for Disability Benefits for Child under 18.

Health Insurance Access

Health Insurance Access Handouts

<http://whatcomtakingaction.org/category/how-to-handouts-videos/health-coverage/> and <http://whatcomtakingaction.org/category/how-to-handouts-videos/cost-assistance/>

See The URL above for Health Insurance Access handouts, including:

- Changes in Medicaid for CSHCN and People on SSI
- How to Change your Child's Healthy Options Plan

Healthfinder.gov

<http://www.healthfinder.gov/>

A government website with tools and general health information.

ParentHelp123

<http://www.parenthelp123.org/>

(800) 322-2588

See ParentHelp123 under Family Support.

Washington Autism Advocacy and Alliance

<http://www.washingtonautismadvocacy.org/>

Phone: (425) 894-7231 Fax: (425) 836-6512

Provides pro-bono contacts with Family Resource and Advocacy Coordinators who provide assistance with health insurance appeals and social service appeals. All members receive access to free insurance advocacy tools.

A volunteer run organization serving approximately 2000 children and adolescents statewide. Most member families:

- don't qualify for any social services or aid and
- pay out of pocket for therapies that leaves them no money to afford them

Washington Healthplanfinder

<https://www.wahealthplanfinder.org/>

WAHealthPlanFinder.org is the official insurance exchange for Washington State. use this site to apply for Apple Health (Medicaid), Apple Health for Kids, and Affordable Care Act (ACA) health plans. For more information, go to healthcare.gov.

Washington Prescription Drug Program (WPDP) Discount Card

<http://www.hca.wa.gov/about-hca/prescription-drug-program>

1-800-913-4146

The WPDP Discount Card provides prescription drug discounts for those who don't have prescription drug coverage.

Whatcom Alliance for Health Advancement (WAHA)

<http://whatcomalliance.org/>

800 E Chestnut St. Ste 2
Bellingham, WA 98225
(360) 788-6594

WAHA is a nonprofit organization based in Bellingham, Washington that:

- Connects community members to care
- Promotes system improvements
- Fosters public participation in developing sound health care policies
- Provides many helpful tools online to determine eligibility for medical programs
- Publishes an online newsletter

They provide assistance over the phone, in person, or by appointment.

Healthcare - Community Health Centers

Lummi Tribal Health Center

http://www.lummi-nsn.org/website/dept_pages/health/healthcenter.shtml

2592 Kwina Rd.

Bellingham, WA 98226

Phone: (360) 384-0464 Fax: (360) 384-2337

Pharmacy Refill Hotline: Phone: (360) 384-0464

The mission of the Lummi Tribal Health Center is to raise the health status of the Lummi people, other American Indian, and Alaska Natives to the highest possible level. To carry out this mission, the LTHC will provide comprehensive health care including hospital, outpatient, medical, dental, mental health, preventive healthcare and public health services.

- Primary care
- WIC
- Dental clinic
- Mental health
- Community health services
- Chemical Addiction Recovery and Education (CARE)
- Youth Wellness chemical dependency recovery services
- Children's Services
- Community Health Representatives

Nooksack Health Department

<http://www.nooksacktribe.org/departments/health/medical-clinic/>

6760 Mission Rd.

Everson, WA 98247

(360) 966-2106

Medical Clinic: 2510 Sulwhanon Drive, Everson, WA 98247. (360) 966-2106. The Medical Clinic is an ambulatory clinic that provides on site, acute and preventive health care to the Nooksack Indian Tribe and eligible members of federally recognized Tribes. The Nooksack Tribal Clinic services includes; Family Medicine, Pediatric, Obstetrics and Gynecology, Family Planning, Women's Health, Diabetes Screening and Testing, Nutrition Education, and Community Health and Nurse health care practices.

Dental Clinic: (360) 306-5151. The purpose of the Dental Clinic is to provide comprehensive dentistry care to include General Dentistry, Pediatric Dentistry, Specialized Dental Care Referral and Oral Health Prevention Education.

Behavioral Health: (360) 966-2376. The Behavioral Health Program provides confidential outpatient mental health counseling services for children, teens and adults. The services include individual, family, couples therapy including evaluation, assessment, crisis intervention, medication therapy, play therapy, case management, parent advocacy and psycho-social and skill development.

Alcohol and Chemical Dependency: The Nooksack Alcohol and Chemical Dependency program provides a safe environment for youth, adult women and men to examine the roots of addiction and their personal growth in early recovery.

Sea Mar Community Health Center, Everson Medical Clinic

<http://www.seamarchc.org/location.php?xloc=7&xser=1&xcty=1&xserloc=4>

6884 Hannegan Rd.

Everson, WA 98247

Phone: (360) 354-0766 Fax: (360) 354-7667

Everson Medical specializes in primary-care family medicine, including preventative health exams, acute-care visits, minor procedures, health education, follow-up care from hospital visits, and referrals for specialty services.

Sea Mar Community Health Centers

<http://www.seamar.org/>

Community-based organization committed to providing quality, comprehensive health and human services in Washington State.

- Medical
- Dental
- Behavioral Health
- Preventive Health Services
- Long-Term Care and Affordable Housing
- Community, Education and Service Learning

Sea Mar Community Health Clinic, Bellingham Medical Clinic

<http://www.seamar.org/location.php?xloc=4&xser=1&xserloc=2&xcty=1>

4455 Cordata Pkwy

Bellingham, WA 98226

Phone: (360) 671-3225 Fax: (360) 671-0000

Bellingham Medical specializes in primary care family medicine, including preventative health exams, urgent-care visits, minor procedures, health education, follow-up care from hospital visits, and referrals for other medical services.

Unity Care NW

<http://unitycarenw.org/>

Phone: (360) 671-3574 Fax: (360) 671-3574

Accepts Provider One, Medicaid, Medicare, Basic Health Plan, and most private insurance. Charges are discounted on a sliding fee scale based on household size and income. No one is ever denied services because of an inability to pay.

Hearing

Bellingham Ear, Nose & Throat

<http://www.bellinghament.com/>

2940 Squalicum Pkwy, Ste 203

Bellingham, WA 98225

Phone: (360) 733-0640 Fax: (360) 733-1034

Diagnosis and treatment of adults and children with disorders of the ear, nose, throat, face, head, and neck.

Early Hearing-loss Detection, Diagnosis and Intervention (EHDDI)

<http://www.doh.wa.gov/YouandYourFamily/InfantsChildrenandTeens/HealthandSafety/EarlyHearingLoss>

The Early Hearing-loss Detection, Diagnosis and Intervention (EHDDI) Program follows the 1-3-6 goals, to ensure that infants in Washington are:

- 1 - Screened for hearing loss before hospital discharge or by one month of age
- 3 - Have a diagnostic hearing evaluation by an audiologist by three months of age (if the infant did not pass two screens)
- 6 - Enrolled in early intervention by six months of age (if a hearing loss was found)

Hearing Health Clinic

<http://www.hearinghealthclinic.com>

2940 Squalicum Pkwy, Ste 205

Bellingham, WA 98225

Phone: (360) 671-7530 Fax: (360) 671-7568

Comprehensive center for audiology care and hearing aid services

- Comprehensive hearing evaluations
- Referrals to a physician if medical evaluation or treatment is required

- Evaluations of appropriateness and selection of assistive listening devices
- Monitoring the outcome of hearing aid fittings and adjustments for maximum benefit

Hearing, Speech & Deaf Center (HSDC)

<http://www.hsdc.org/>

North Sound Office Crown Plaza Building

114 West Magnolia St., Suite106

Bellingham, WA 98225

Phone: (360) 647-0910 or 1-866-647-0910 Fax: (360) 647-0923

TTY: (360) 647-8508 or (877) 647-850 Videophone: (360) 255-7166

bellingham@hsdc.org

HSDC is a Western Washington service hub for clients who are deaf, hard of hearing, or have communication disorders.

Comprehensive services span the life cycle and include:

- Early Childhood Learning/Preschool
- Community ASL Classes
- Audiology Services
- Speech Therapy
- Deaf and Hard of Hearing Advocacy Services
- American Sign Language (ASL) Interpreting
- Assistive Technology Store

National Center for Hearing Assessment and Management

<http://www.infanthearing.org/familysupport/index.html>

Family support is an essential component of an effective EHDI system. EHDI coordinators and other stakeholders, such as the medical home and audiologists, have a responsibility to ensure:

- Families are supported. EHDI systems must ensure that families get access to culturally-competent information to help them make informed decisions. This also includes providing access family support groups to help provide emotional support as only other caregivers can offer.
- Families are partners in decision making. EHDI systems must honor family decisions about what is best for their own child and family. At a systems level, families with diverse perspectives can offer their expertise to guide EHDI practices and policies, resulting in more family-centered EHDI systems.

Washington Relay

<http://www.washingtonrelay.com/>

Relay Operator: 711

Free service provided by the Washington State Office of the Deaf and Hard of Hearing (ODHH), allowing hearing callers to communicate with deaf, hard of hearing,

deaf-blind and speech disabled relay users and vice versa through specially trained relay operators.

After dialing Washington Relay, the person initiating the call gives the desired phone number to the Washington Relay Operator, who then dials that number using another phone line.

Calls can be made to anywhere in the world, 24 hours a day, 365 days a year with no restrictions on the number, length, or type of calls. All calls are strictly confidential and no records of any conversations are maintained.

Washington Sensory Disabilities Services

<http://www.wsdsonline.org>

On-site Help to Services Provided: <http://www.wsdsonline.org/deaf-blind/>

1. Technical Assistance and Consultation

- Assess how the child is currently functioning and if there are classroom or home modifications that could help
- Develop IFSP outcomes or IEP goals and activities that are meaningful to the student
- Establish an effective communication system, or improve an existing one
- Locate staff resources or materials
- Start planning for life after high school

2. Training

Local, regional, and state trainings throughout the year on topics relating to children and youths with deaf-blindness.

- Training Calendar for information on upcoming training opportunities
- 2015 Combined Summer Institute
- Recorded Trainings available online

Washington State Hands & Voices

<http://www.wahandsandvoices.org/>

A parent-driven nonprofit organization providing families whose children are deaf, deaf/blind or hard of hearing with resources, networks, and information needed to improve communication and educational outcomes for their children.

Western Washington University Speech-Language-Hearing Clinic

<https://chss.wvu.edu/csd/western-speech-and-hearing-clinics>

Ground Floor of the Academic Instructional Center (East Wing)

Phone: (360) 650-3881 Fax: (360) 650-4334 TTY: (800) 833-6384

The Clinic accepts referrals directly from clients, as well as from physicians, educators, other speech-language-hearing professionals and allied health service providers. For insurance coverage, doctor's orders are frequently required.

- Complete audiological assessment

- Evaluation to guide selection of appropriate amplification including hearing aids, assistive listening devices and cochlear implants
- Central auditory processing assessment and treatment
- Communication assessment for individuals with hearing disorders
- Family-centered individual and group aural (re)habilitation to improve listening and overall communication skills for individuals who use hearing aids and/or implantable devices
- Hearing aid and assistive listening device consultation, demonstration, recommendations, and sales

Legal

Columbia Legal Services

<http://www.columbialegal.org/>

Columbia Legal Services is a nonprofit, statewide civil legal aid program with five offices organized into five statewide advocacy project teams:

- Basic Human Needs
- Children & Youth
- Institutions
- Working Families
- Economic Justice

Northwest Justice Project (NJP)

<https://nwjustice.org/>

(206) 464-1519 or (888) 201-1012 (toll free)

CLEAR Hotline: 1-888-201-1014

CLEAR Senior (60 or older): 1-888-387-7111

Program providing civil legal assistance and representation to low-income individuals in Washington State. They focus on cases affecting basic needs, such as family safety and security, housing preservation, protection of income, access to health care, and education.

NJP's CLEAR (Coordinated Legal Education, Advice and Referral) Hotline provides low-income individuals facing legal problems with immediate legal assistance. Services are targeted to problems that affect basic needs such as housing, income, medical care, and family safety.

Medical Equipment and Supplies

Bellevue Healthcare

<http://www.bellevuehealthcare.com/>

1025 N State St.
Bellingham, WA 98225
(866) 451-2842

Dominic's Closet

<https://www.facebook.com/dominics.closet.nonprofit/>

2950 Newmarket St., Ste. 101-300
Bellingham, WA 98226

Dominic's Closet is a non-profit charity to help get medical supplies to those in need, for free and by donation. Our goal is to free up caregivers and families from the financial burden of chronic illnesses and developmental delays. Visit our facebook page for more information.

Hoagland Pharmacy

<https://www.hoaglandpharmacy.com/medical-equipment/>

2330 Yew St.

Bellingham, WA 98229

Phone: (360) 685-5004 Fax: (360) 685-5055

Lions Club Wheelchair Warehouse

http://www.bellinghamcentrallions.org/Programs/WCW/Wheelchair_Warehouse.html

(360) 752-5526

Mondays & Thursdays, 9:00 AM - 11:30 PM, except holidays

WCW loans durable medical equipment to resident of Northwest Washington. It is a free service, though we gladly accept donations. Equipment loaned includes low vision aids, wheelchairs, power chairs, walkers, crutches, canes, and bedside and bathroom helpers of all kinds. Loans are for three months, but may be extended based on need. We also loan equipment to people who are traveling or have visiting relatives. Churches, schools and clinics also borrow equipment to support their programs.

Medical Device Network

<http://www.medevnet.com/>

An online portal with searchable listings for medical device, health services, and medical equipment suppliers.

Norco Medical

<http://www.norco-inc.com/store-locations/bellingham>

101 E Stuart Rd.

Bellingham, WA, 98226

Phone: (360) 746-0826

Fax: (360) 594-6092

Medical Information

American Academy of Pediatrics, [Healthychildren.org](http://www.healthychildren.org)

<http://www.healthychildren.org/English/Pages/default.aspx>

Bellingham Center for Healthy Motherhood

<http://www.centerforhealthymotherhood.com/>

1012 Dupont St.

Bellingham, WA 98225

(360) 526-2185

See Bellingham Center for Early Motherhood under Family Support.

Center for Children with Special Needs

<http://cshcn.org/parents-caregivers/>

Selected tools and resources for parents and caregivers who support children with special health care needs, including:

- Starting Point Guide
- Care Organizer
- Emergency Preparedness
- Summer Camp Directory

Kids Health

<http://kidshealth.org/>

Kids Health provides families with perspective, advice, and comfort about a wide range of physical, emotional, and behavioral issues that affect children and teens.

Medline Plus

<https://medlineplus.gov/>

National Institutes of Health (NIH)

<http://www.nih.gov/>

NIH National Center for Complementary and Integrative Health

<https://nccih.nih.gov/>

Mental Health, Counseling and Behavior Management

Animals as Natural Therapy

<http://www.animalsasnaturaltherapy.org/>

721 Van Wyck Rd.
Bellingham, WA 98226
(360) 671-3509

Animals as Natural Therapy (ANT) provides alternative healing and support for local youth, veterans and their families. ANT's comprehensive "Creating Pathways" projects create opportunities for hope and healing through impactful interactions with horses and other farm animals. Horses require a person to learn to calmly and quickly resolve problems while teaching important life skills such as confidence, honesty, trust, empathy, leadership, and clear communication—a powerful experiential solution for learning to face life's challenges.

Bayside Autism

<http://www.baysideautism.com/>

(425) 429-4793

Monday-Friday, 9:00 AM-5:00 PM

Bayside Autism Therapies provides Applied Behavior Analysis ("ABA"). ABA is a method used to reduce challenging behaviors and to help people improve language, attention, social awareness, self-help, and play skills.

Blue Water Behavioral Consulting

<http://www.bluewateraba.com/>

Phone: (360) 499-3508 Fax: (360) 230-3272

Rachel D. Wagner, M.S., BCBA, Executive Director/Owner

rachel.wagner@bluewateraba.com

Blue Water's mission is to provide effective, ethical, and evidence based treatment to individuals and families affected by autism and other developmental disabilities. Blue Water provides home, community and school based ABA services.

Catholic Community Services

<http://www.ccsww.org/>

Call Access to Mental Health at (888) 693-7200 to access services

Mental health services to Medicaid eligible children and their families in Whatcom, Skagit and Snohomish Counties.

- Individual and/or family counseling/therapy
- Medication evaluation/management
- Coordination with primary care physicians
- Case management
- Groups for children and adolescents that focus on managing behaviors and emotions, and developing self-care and interpersonal relationship skills

Center for Mental Health Services (CMHS)

<http://www.samhsa.gov/about-us/who-we-are/offices-centers/cmhs>

Phone: (240) 276-1310

SAMHSA's National Hotline: 800-662-HELP (800-662-4357)

TTY: 800-487-4889

The Center for Mental Health Services (CMHS) leads federal efforts to promote the prevention and treatment of mental disorders.

It is a branch of the Substance Abuse and Mental Health Services Administration (SAMHSA), an agency within the U.S. Department of Health and Human Services.

Children and Adults with Attention-Deficit/Hyperactivity Disorder (CHADD)
<http://www.chadd.org/>

Phone: (301) 306-7070 Fax: (301) 306-7090

CHADD is a national organization that provides information, advocacy, and community support for children with ADHD and their parents.

Compass Health

Bellingham: Rainbow Recovery Center

209 W. Holly St.

Bellingham, WA 98225

(360) 752-2577

<http://www.compasshealth.org/locations/bellingham-209-w-holly-street/>

Located in downtown Bellingham, the Rainbow Recovery Center is a recovery program designed to help mentally ill adults recover from the effects of their illnesses and reintegrate into the larger community.

The Center offers resources to help members meet their basic needs, such as meals, showers, laundry, mail, computer access, and human companionship. It also offers referrals for counseling and medication, as well as assistance in finding housing and employment. Meetings for members and staff are held every morning at 9:30 a.m. Various support groups and other special meetings occur throughout the rest of the day.

Bellingham: 3645 East McLeod Rd.

Bellingham, WA 98226

(360) 676-2220 Fax: (360) 676-7750

<http://www.compasshealth.org/locations/bellingham-3645-e-mcleod-road/>

This location provides:

- Adult Intensive Outpatient Program (IOP)
- Whatcom County
- Group Therapy - Adults
- Psychiatric Services
- Older Adult Services
- Outpatient Children and Family Services
- Offender Re-entry Community Safety Program (ORCSP)

- Adult Outpatient Services
- Adult Intensive Outpatient Program (IOP)

Bellingham: 2030 Division St.

Bellingham, WA 98226

(360) 676-2020 Fax: (360) 676-2210

<http://www.compasshealth.org/locations/bellingham-2030-division-street/>

This location provides the following services:

- Involuntary Treatment Act Services
- Crisis Triage & Stabilization
- Voluntary Crisis Outreach & Stabilization
- Jail Transition Services

Crisis services 24/7: call (800) 584-3578

Endless Potential

<http://www.endlesspotentialllc.com/home.html>

(360) 930-6063

Provides clinic-based Applied Behavior Analysis (ABA) services in Bellingham, WA. Generally skills are introduced and mastered in the clinic, then practiced in the community to ensure generalization and maintenance.

Serving age range: 0-21

InterPlay Academy

<http://www.interplayacademy.com/>

(360) 739-8676 or (360) 739-5881

InterPlay Academy is a private experiential education facility located just north of Bellingham, Washington. We provide our “learning partners” with transformative experiences of connection which teach the skills to heal the symptoms of dis-connection in our lives.

Medicaid Applied Behavioral Analysis (ABA) Therapy Program

<http://www.hca.wa.gov/free-or-low-cost-health-care/apple-health-medicaid-coverage/autism-and-applied-behavioral-analysis>

(360) 725-1681

BA@hca.wa.gov

The Health Care Authority has an Applied Behavior Analysis (ABA) therapy benefit for Apple Health Kids clients with a diagnosis in the Autism Spectrum Disorder classification. Please contact Lin Payton at the Health Care Authority to start or learn about the coverage process.

Mental Health Resources in Whatcom County

<http://whatcomalliance.org/mental-health/>

(360) 788-6594

BHAP connects people to affordable mental health counseling services in Whatcom County. Counseling services are provided by licensed mental health professionals at various clinics and private practices in the community.

Resources include referrals to the Behavioral Health Access Program (BHAP).

If you have Washington Apple Health (Medicaid) and are seeking mental health services, please call the ACCESS line at 1-888-693-7200.

National Alliance on Mental Health (NAMI)

<http://www.nami.org/>

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI advocates for access to services, treatment, supports and research and is steadfast in its commitment to raising awareness and building a community of hope for all of those in need.

National Alliance on Mental Health (NAMI) - Whatcom County

<http://www.namiwhatcom.org/>

NAMI, the National Alliance on Mental Illness, of Whatcom County is the local branch of the nation's largest grassroots mental health organization. NAMI Whatcom increases community support for recovery and reintegration of persons who have mental illness. They hold Mental Illness Awareness Workshops and Educational Program meetings. NAMI also holds a number of Support Groups; Monthly Family Support, Suicide Survivors Support, and NAMI Connection.

National Institute of Mental Health

<http://www.nimh.nih.gov>

Northwest Autism Clinic

<http://northwestautismclinic.com/>

(360) 691-9824

Dr. Melissa MacNeal

mmacneal@earthlink.net

Intensive ABA intervention, treatment and verbal behavior therapy Age range: 2-16.

Services include:

- ABA (Applied Behavior Analysis) Therapy
- Challenging Behaviors
- Delayed Speech and Language Development
- Diagnostic Assessment
- Program Management
- School Consultations
- Social Skills Training

OurTreeHouse

<http://www.our-treehouse.org/>

1212 Indian St.

PO Box 4124

Bellingham, WA 98227

(360) 223-6681

Our TreeHouse is run by Kids' Council Northwest (KCNW). It provides grief support group to children, teens, and their families after a death of someone significant. Children and teens meet in a supportive environment to share their thoughts and feelings in a talking circle and through grief-related activities, art and play. Trained volunteers facilitate each support group. Advance registration required.

Pacific Northwest Autism

<http://www.pacificnorthwestautism.com/index.html>

4152 Meridian St. Ste 105-146

Bellingham, WA 98226

(360) 348-6414

Conducts assessments, design goals and programs based on Applied Behavior Analysis (ABA) and then trains the family, caregivers and instructors to carry out the interventions.

Sendan Center

<http://sendancenter.com/>

1616 Cornwall Ave Ste 100

Bellingham, WA 98225

Phone: (360) 305-3275 Fax: (360) 734-5503

Dr. Fletcher Scott, Ph.D., CCC/SLP, a speech therapist specializing in communication interventions in children and adolescents with autism, has recently joined Sendan.

At the moment, Dr. Scott accepts private pay and the following commercial insurances: Group Health, HMA, Lifewise, Premera, and Regence.

Commercially-insured families usually require a prescription or a referral from their primary care provider for payment to be covered. Social groups are not typically reimbursed. Payment is due at time of service.

If you are interested in Dr. Scott's services, contact the Sendan Center at (360) 305-3275.

Interventions include:

- Evaluation of speech, language, and communication disorders
- The use of child/adolescent interests (e. g. Legos, movies) to motivate treatment, skill-building, and meaningful interaction
- Individual and peer-matched (dyad) therapy

- Social groups
- Pivotal Response Teaching (PRT), an evidence-based, ABA-derived intervention for autism

The Sendan Center provides comprehensive assessment and treatment of learning differences.

Services include:

- Child and Adolescent Psychiatry and Psychotherapy
- Behavior Services: In-home and in-school tutoring
- Autism Diagnosis and Treatment, including ABA
- Psychoeducational Testing and Treatment
- Education Advocacy

Tedd Judd, PhD

<http://pacificharbor.org/Judd.html>

(360) 255-2505, ext. 101

Dr. Tedd Judd is board certified in clinical neuropsychology by the American Board of Professional Psychology, and has more than 30 years of experience in the field.

The Balanced Mind

http://www.dbsalliance.org/site/PageServer?pagename=bmpn_about_our_net_work

The Balanced Mind Parent Network (BMPN), a program of the Depression and Bipolar Support Alliance (DBSA), guides families raising children with mood disorders to the answers, support and stability they seek.

Veltkamp Neuropsychology

<http://veltkampneuropsychology.com/veltkamp.html>

192 Bakerview Rd. Ste 102

Bellingham, WA 98226

(360) 676-7445

Dr. Jody Veltkamp is a board-certified, clinical neuropsychologist practicing in Bellingham, WA.

Volunteers of America Western Washington

<https://www.voaww.org/>

1-800-223-8145

Crisis line: 1-800-584-3578

Provides emergency and non-emergency behavioral health services.

The 24-hour crisis line and online care crisis chat offers emotional support for individuals in crisis or considering suicide.

The Northsound 2-1-1 line connects individuals in need with local social services, such as:

- Rent Assistance
- Job Training
- Food
- Shelter
- Support Groups

Whatcom Crisis Triage Center (WCTC)

<http://www.compasshealth.org/services/crisis-respite/>

2030 Division St.

Bellingham, WA 98226

Phone: (360) 676-2020, ext. 2 Fax: 360-676-2210

Crisis Care Line: 1-800-584-3578

A care center in Bellingham capable of accommodating 5 individuals who are recovering from a mental health crisis. They provide crisis stabilization, walk-in emergency and next day appointments for individuals age 18 or older.

Referrals to the WCTC can be made by calling the Crisis Care Line. Participation in the program is voluntary.

Whatcom Mental Health Providers Directory

<http://www.namiwhatcomdirectory.org/>

NAMI of Whatcom County's database of local mental health and substance abuse providers.

Nutrition Assessment and Education

Nutrition for Children with Special Healthcare Needs in Washington State

<http://depts.washington.edu/cshcnut/resources/cshcn.html>

A list of guides, handbooks, and other information resources regarding nutrition for children with special health care needs.

PeaceHealth Nutrition & Diabetes Clinic

<http://www.peacehealth.org/st-joseph/services/diabetes-and-nutrition/Pages/Default.aspx>

4465 Cordata Pkwy, Ste B

Bellingham, WA 98226

Phone: (360) 752-5601 Fax: (360) 752-5667

The PeaceHealth St Joseph Medical Center Nutrition & Diabetes Clinic works with patients, either individually or in groups, to help them discover the best ways to manage their health through diet, nutrition, exercise, lifestyle changes, or, if needed,

improved use of diabetes medications, including insulin. A physician referral is required.

Sea Mar Health Education

http://www.seamar.org/static_pages/preventive_whatcom.php

4455 Cordata Pkwy

Bellingham, WA 98226

(360) 788-7145

Free health education classes including basic nutrition, exercise counseling, diabetes education, healthy kitchens (some classes in Spanish).

WIC-Women, Infants and Children

<http://www.whatcomcounty.us/678/Women-Infants-Children-WIC-Program>

1500 N State St.

Bellingham, WA 98225

Phone: 360-778-6102 Fax: 360-778-6104

health@whatcomcounty.us

The Special Supplemental Nutrition Program for Women, Infants and Children (WIC) is a preventive health and nutrition program that provides short term assistance to young families to promote optimal growth and development.

Services:

- Nutrition and health assessment
- Nutrition education
- Breastfeeding counseling
- Vouchers for specific nutritious foods
- Health and social referrals

Occupational Therapy

Kids in Motion

<http://www.kidsinmotionclinic.org/>

Phone: (412) 444-KIDS Fax: (360) 933-8076

Email: use the form on the website's "Contact Us" page

Kids in Motion Therapy Clinic is a 501(c)(3) organization offering home-based physical, occupational, and speech therapy for children with neurodevelopmental disorders in Whatcom County and the surrounding areas.

Kornerstone Kids

<http://capstonekids.org/>

400 Sequoia Dr Suite 120

Bellingham, WA 98226

Phone: (360) 752-1511 Fax: (360) 752-1551

Email: use the form on the website's "Contact" page

Kornerstone Kids (formerly Capstone Kids) is a nonprofit pediatric therapy center offering physical, speech, and occupational therapy to children.

Pacific Kids Therapy

<http://www.pacifickidstherapy.com/>

148 Harborview Drive

Bellingham, WA 98225

Phone: (360) 393-6210 Fax: (360) 738-8786

Occupational Therapy services to assist children to become independent in their daily activities.

- Evaluation treatment
- Parent training
- Consultation with families and other professionals

PeaceHealth Children's Therapy

<https://www.peacehealth.org/phmg/bellingham-lynden/services/specialty-care/childrens-therapy/Pages/Default.aspx>

4545 Cordata Pkwy, Ste LL4

Bellingham, WA 98226

(360) 752-5622

See PeaceHealth Children's Therapy under Development and Early Learning.

Pediatric NDT & SI Therapy Services

<http://www.susanmcnutt.net>

348 West King Tut Rd.

Bellingham, WA 98226

(360) 398-2772

A private clinic located on a small farm. A variety of modalities including:

- Therapeutic animals
- Hydrotherapy
- Hypnotherapy
- Sensory integrative equipment is utilized to assist children in developing sensorimotor, communication and social interaction skills.

Washington Elks Therapy Program for Children

<http://www.tallelks.org/therapy.htm>

(800) 825- 3557 or (253) 472-6223

waelks@waelks.net

A private nonprofit organization which provides home-based occupational therapy services to children at no cost to families.

Oral Health

Access to Baby and Child Dentistry

<http://abcd-dental.org/>

A dental program for children birth to age 5 with Apple Health for Kids (DSHS) that helps kids get early dental care.

Oral Health for People with Special Needs

<http://www.doh.wa.gov/YouandYourFamily/OralHealth/PeoplewithSpecialNeeds>

Educational Materials: Oral Health Promotions Cards and Brochures for Children with Special Needs list evidence-based oral health messages and oral health resources. Brochures are designed to be used with patients to discuss good oral health habits.

Oral Health Fact Sheets for People with Special Needs: Fact sheets are for mild to moderate manifestations of a number of special needs conditions. For most conditions there are separate fact sheets for Dental Professionals, Medical Professionals, and Parents and Caregivers. Fact sheets can be found on the University of Washington Oral Medicine website.

SmileMobile

<https://www.deltadentalwa.com/our-foundation/smilemobile.aspx>

Kari Amundson

(206) 528-7339

kamundson@deltadentalwa.com

Delta Dental of Washington's SmileMobile is a dental office on wheels, providing low or no-cost dental care to children and teenagers living in rural and underserved communities. Services include:

- Oral health education
- Examinations
- X-rays
- Preventive care (sealants, fluoride varnish)
- Fillings and simple extractions
- Referrals to local dental care

For more information, or to sign up, contact Karri Amundson.

Whatcom Alliance for Health Advancement (WAHA) Dental

<http://whatcomalliance.org/dental/>

(360) 788-6594

TTY: (800) 833-6388

WAHA's access counselors can talk with you about a variety of dental resources and help you find the best option to get the care you need including urgent dental care.

Whatcom County Oral Health Coalition

<http://whatcomalliance.org/oral-health-coalition/>

Broad-based coalition working to improve oral health among community members of all ages through prevention, education, and increased access to dental care.

Whatcom Project Access (WPA)

<http://www.whatcom-medical.org/community-projects/>

WPA links volunteer dentists with low income, uninsured Whatcom County residents who currently have a dental need.

Physical Therapy

Harmony Physical Therapy

<http://www.harmonyphysicaltherapy-mfr.com/contact/>

Phone: (360) 441-6053 Fax: (360) 676-1035

Heather Cullen, private practice.

Integrative Physical Therapy Services

<http://www.integrativephysicaltherapyservices.com/>

2114 James St.

Bellingham, WA 98225

Phone: (360) 715-8686 Fax: (360) 715-1680

Specializes in the treatment of both adult and pediatric clients.

Kids in Motion

<http://www.kidsinmotionclinic.org/>

Phone: (412) 444-KIDS Fax: (360) 933-8076

Email: use the form on the website's "Contact Us" page

See Kids in Motion under Occupational Therapy.

Kornerstone Kids

<http://capstonekids.org/>

400 Sequoia Dr Suite 120

Bellingham, WA 98226

Phone: (360) 752-1511 Fax: (360) 752-1551

Email: use the form on the website's "Contact" page

See Kornerstone Kids under Occupational Therapy.

PeaceHealth Children's Therapy

<https://www.peacehealth.org/phmg/bellingham-lynden/services/specialty-care/childrens-therapy/Pages/Default.aspx>

4545 Cordata Pkwy, Ste LL4

Bellingham, WA 98226

(360) 752-5622

See PeaceHealth Children's Therapy under Development and Early Learning.

Whatcom Physical Therapy

<http://whatcompt.com/>

250 G St.

Blaine, WA 98231

Phone: (360) 332-8167 Fax: (360) 332-0931

Whatcom Physical Therapy specializes in providing generalized care with an emphasis in orthopedics.

See their website for a list of locations.

Recreation

Accessible Trails

<http://www.americantrails.org/resources/accessible/index.html>

Phone: (530) 605-4395 Fax: (530) 547-2035

trailhead@americantrails.org

Online resource for information about:

- How the Americans with Disabilities Act and related accessibility legislation affect trails
- Greenway design
- New accessible trail projects
- Training opportunities
- Legal issues
- Proposed federal guidelines for accessible trails

ADA Access: Accessing Washington's Outdoors for Persons with Disabilities

<http://wdfw.wa.gov/accessibility/>

Washington State is recognized for its wide array of outdoor recreational activities and wildlife. The Department of Fish and Wildlife (WDFW) encourages all persons with a disability to experience recreation in Washington's wonderful outdoors.

Numerous opportunities are offered for hunters and anglers with disabilities through legislative mandates, statues, and policies complying with provisions of the Americans with Disabilities Act (ADA). See Disability FAQs for details.

Arne Hanna Aquatics Center

<http://www.cob.org/services/recreation/aquatic/>

1114 Potter St.

Bellingham, WA 98229

(360) 778-7665

Adapted swim program and general swim and classes.

Bellingham Parks and Recreation

<https://www.cob.org/gov/dept/parks>

3424 Meridian St.

Bellingham, WA 98225

Phone: (360) 778-7000 Fax: (360) 778-7001

Bellingham Parks and Recreation:

- Publishes the Leisure Guide quarterly to inform the public of classes and recreation events.
- Publishes maps and descriptions of trails in Bellingham.
- Provides accommodations for special needs.
- Activities are available specifically for children and adults with special needs.

Dan Godwin Community Center

http://arcwhatcom.org/wp/?page_id=29

2602 McLeod Rd.

Bellingham, WA 98225

Phone: (360) 715-0170 or 1-Phone: (866) 284-8444

Recreational and educational activities for persons with developmental disabilities.

FACES Northwest

<http://facesnorthwest.com/wp/>

(360) 389-2151

See FACES Northwest under Diagnosis-Specific Information.

Fishing Licenses

http://wdfw.wa.gov/accessibility/requirements_status.html

The following are eligible for a combination fishing license (fresh water, salt water, and shellfish) and/or hunting license(s) at a discounted rate:

- Resident who permanently uses a wheelchair as certified by the doctor

- Resident who is blind or visually impaired
- Resident with a developmental disability as determined by DSHS authority or physicians signature

See Disability Fee Schedule.

Max Higbee Center

<http://www.maxhigbee.org/>

1210 Bay St. Ste 102

Bellingham, WA 98225

(360) 733-1828

Max Higbee Center provides recreation programs for teens and adults (ages 14+) with developmental disabilities.

We offer five permanent programs:

- Our Weekend Drop-In Center operates on Friday and Saturday evenings from 5:00 PM - 9:30 PM.
- The Community Access Program (CAP) operates Monday through Friday in the afternoon from 2:30 PM - 5:30 PM.
- SPIN Dances occur on the 3rd Monday of every month, except July from 6:00 PM - 8:00 PM.
- 365 Fitness Program operates on Tuesday and Thursdays from 10:00 AM - 2:30 PM.
- Our new DayTime Drop-in Center operates on Monday, Wednesday and Fridays from 10:00 AM-2:30 PM.

National Parks and Federal Recreational Lands Pass

<http://www.nps.gov/findapark/passes.htm>

Access Pass for free admission to National Parks and Federal Recreational Lands for U.S. Citizens or permanent residents with permanent disabilities.

The pass may be obtained in person at a federal recreation site or through the mail using the application form at:

http://store.usgs.gov/pass/access_pass_application.pdf

The cost of obtaining an Access Pass through the mail is ten dollars (\$10) for processing the application (the Pass is free). Applicants must provide documentation of permanent disability and residency or citizenship.

NorthWest Therapeutic Riding Center

<http://www.nwtrc.org/>

1884 Kelly Rd.

Bellingham, WA 98226

(360) 966-2124

A nonprofit program, providing therapeutic horseback riding to people of all ages with a wide range of disabilities.

Special Olympics in Whatcom County

<http://specialolympicswashington.org/>

Bellingham Independents, Bellingham Schools, and North Whatcom offer Special Olympics programs for children and adults with intellectual disabilities who love sports and want the challenge of competing with their peers. The programs run year round offering competition in several sports including: Basketball, Athletics (track & field), Aquatics, Soccer, Softball, and Bowling. The goal is to provide a program of physical fitness with an emphasis on sportsmanship, friendships, and FUN!

The Center for Children with Special Needs Summer Camp Directory

<http://cshcn.org/resources-contacts/summer-camp-directory>

The Summer Camp Directory for Children with Special Healthcare Needs is available in an interactive online version or you can download the PDF version. The online version has the most current information.

TOPSoccer of Bellingham

<http://www.washingtonyouthsoccer.org/programs/topsoccer/registration/>

US Youth Soccer TOPSoccer (The Outreach Program for Soccer) is a community-based training and team placement program for young athletes with disabilities, organized by youth soccer association volunteers. The program is designed to bring the opportunity of learning and playing soccer to any boy or girl, who has a mental or physical disability. Our goal is to enable the thousands of young athletes with disabilities to become valued and successful members of the US Youth Soccer family.

Whatcom Kid Insider

<http://whatcom.kidinsider.com>

A website providing information about child-oriented events, activities, and businesses in Whatcom County, including lists of childcare and recreational opportunities.

Regional Medical Centers

Center on Human Development and Disability

<http://depts.washington.edu/chdd/>

University of Washington

PO Box 357920

Seattle, WA 98195-7920

(206) 543-7701

Child Development Clinic

https://depts.washington.edu/chdd/ucedd/ctu_5/child_devclinic_5.html

University of Washington, Center on Human Development and Disability

PO Box 357920

Seattle, WA 98195-7920

(206) 598-9346

The Child Development Clinic provides diagnosis, assessment and management plans for children from early childhood to adolescence with or at risk for neurodevelopmental disabilities including autism spectrum disorders.

FAS Diagnostic and Prevention Network Clinic

https://depts.washington.edu/chdd/ucedd/ctu_5/fasdpn_5.html

University of Washington, Center on Human Development and Disability

PO Box 357920

Seattle, WA 98195-7920

(206) 598-7666

The mission of the FASD IAWG is to ensure coordination of State programs/institutions (UW, DOH, DSHS, OSPI, and DOC) for individuals with FASD and women at risk of having children with fetal alcohol exposure. The goals of the FAS DPN are primary and secondary prevention of FASD through screening, diagnosis, research, and training.

High Risk Infant Follow-up Clinic

https://depts.washington.edu/chdd/ucedd/ctu_5/hrifclinic_5.html

University of Washington, Center on Human Development and Disability

PO Box 357920

Seattle, WA 98195-7920

(206) 598-9348

The High Risk Infant Follow-Up (HRIF) clinic provides developmental follow-up of children from birth to age eight who are designated as high risk due to prematurity and/or low birth weight or prenatal exposure to drugs.

Seattle Children's Autism Center

<http://www.seattlechildrens.org/clinics-programs/autism-center/>

4800 Sand Point Way NE

Seattle, WA 98105

(206) 987-8080 or (866) 987-2000

See Seattle Children's Autism Center under Diagnosis-Specific Information.

Seattle Children's Hospital

<http://www.seattlechildrens.org/>

4800 Sand Point Way NE

Seattle, WA 98105

(206) 987-2000 or (866) 987-2000

UW Autism Center

<http://depts.washington.edu/uwautism/>

University of Washington, Center on Human Development and Disability

PO Box 357920

Seattle, WA 98195-7920

(206) 221-6806

See UW Autism Center Diagnosis-Specific Information.

Service Animals

Brigadoon Service Dogs

<http://www.brigadoondogs.org/>

4759 Mission Rd.

Bellingham, WA 98226

(360) 733-5388

We provide trained service dogs for veterans, other adults, and children with physical, developmental, and behavioral health disabilities to promote a more independent and enriched life.

- Service Dog Program: raises and trains assistance dogs for children and adults with physical and/or developmental disabilities
- Youth Program: pairs at-risk students with assistance dogs in training. They help train these amazing canines to perform special tasks, and in the process the students learn valuable life skills.

Pet Partners

<http://petpartners.org/>

Pet Partners is the national leader in demonstrating and promoting positive human-animal therapy, activities and education. Therapy animals aren't just dogs. Cats, horses, rabbits, pigs, birds, llamas and alpacas, guinea pigs and even rats are eligible for evaluation through the Pet Partners program.

Summit Assistance Dogs

<http://summitdogs.org/>

(360) 293-5609

info@summitdogs.org

Non-profit organization providing mobility-assistance dogs for people living with disabilities, primarily in the Pacific Northwest.

Speech and Language Therapy

Connections

<http://www.connectionsstp.com/>

1145 Mt Baker Hwy

Bellingham, WA 98226

Phone: (360) 756-1495 Fax: (360) 752-3210

Our certified speech language pathologists serve children from birth through age 21. We treat a range of disabilities including:

- Speech/language impairment
- Developmental disabilities
- Autism
- Genetic syndromes
- Hearing loss
- Sensory integration
- Feeding problems

Kids in Motion

<http://www.kidsinmotionclinic.org/>

Phone: (412) 444-KIDS Fax: (360) 933-8076

Email: use the form on the website's "Contact Us" page

See Kids in Motion under Occupational Therapy.

Kornerstone Kids

<http://capstonekids.org/>

400 Sequoia Dr Suite 120

Bellingham, WA 98226

Phone: (360) 752-1511 Fax: (360) 752-1551

Email: use the form on the website's "Contact" page

See Kornerstone Kids under Occupational Therapy.

PeaceHealth Children's Therapy

<https://www.peacehealth.org/phmg/bellingham-lynden/services/specialty-care/childrens-therapy/Pages/Default.aspx>

4545 Cordata Pkwy Ste LL4
Bellingham, WA 98226
(360) 752-5622

See PeaceHealth Children's Therapy under Development and Early Learning.

Western Washington University Speech-Hearing-Language Clinic

<https://chss.wvu.edu/csd/western-speech-and-hearing-clinics>

Ground Floor of the Academic Instructional Center (East Wing), at the south end of the Western Washington University campus.

Phone: (360) 650-3881 (TDD) (360) 650-3262 Fax: (360) 650-4334

The Clinic accepts referrals directly from clients, as well as from physicians, educators, other speech-language-hearing professionals and allied health service providers. For insurance coverage, doctor's orders are frequently required.

- Neurodevelopmental assessment
- Occupational therapy
- Physical therapy
- Speech therapy

Transition to Adult Services

Adolescent Health Transition Project

<https://depts.washington.edu/healthtr/>

Center on Human Development and Disability, University of Washington, Box 357920
Seattle, WA 98195-7920

(206) 685-1350

A resource for teens and young adults with special health care needs, chronic illness, physical or developmental disabilities.

Center on Human Development and Disability

<https://depts.washington.edu/chdd/>

University of Washington, Box 357920

Seattle, WA 98195-7920

(206) 543-7701

The Center on Human Development and Disability (CHDD) is one of the nation's largest and most comprehensive interdisciplinary service, research, and training centers focusing on children and adults at risk for or who have established developmental disabilities.

DSHS Developmental Disabilities Administration

<https://www.dshs.wa.gov/dda>

(360) 714-5000

Contact the Developmental Disabilities Administration to see what services may be available.

New Directions for Young Adults

<http://www.ndfya.com/>

New Directions is a state of the art multidisciplinary clinical program for typical young adults and young adults with special needs. Our program integrates expertise in cognitive behavioral therapy, developmental theory, and neuropsychology, into an evidenced-based treatment approach. Our goal is to help all young adults achieve the goal of independent living.

The Arc of Whatcom County

<http://www.arcwhatcom.org/>

2602 McLeod Rd.

Bellingham, WA 98225

(360) 715-0170

See the Arc of Whatcom County under Education Advocacy.

Transition to Adult Services Handouts

<http://whatcomtakingaction.org/category/how-to-handouts-videos/transition-to-adulthood/>

See The URL above for Transition to Adult Services handouts, including:

- Future Planning Guide

Young Adult Self Advocacy

http://arcwhatcom.org/wp/?page_id=39

2602 McLeod Rd.

Bellingham, WA 98225

(360) 715-0170, ext. 304

Jessika Houston, YASA Coordinator

jessikah@arcwhatcom.org

The Arc's Young Adult Self-Advocacy (YASA) group helps young adults with developmental disabilities become strong self-advocates. Self-advocates are people with disabilities who speak up for themselves and others. They can express themselves with spoken words, sign language, language boards and in other ways unique to themselves. Self-advocacy enables people with disabilities to live a fulfilling in the community with the support they need.

Transportation

Angel Flight West

<http://www.angelflightwest.org/>

(888) 4-AN-ANGEL or (888) 426-2643

Angel Flight West is a nonprofit, volunteer-driven organization that arranges free, non-emergency air travel for children and adults with serious medical conditions and other compelling needs.

- National Patient Travel HELPLINE
- Airline Tickets for Patients/Escorts
- Volunteer Pilot Organizations
- Long Distance Ground Transportation

Individuals can also donate Frequent Flyer Miles using a form available on their website.

Medicaid Transportation

<http://www.nwrcwa.org/medicaid-transportation/>

Northwest Regional Council, 600 Lakeway Dr, Ste 100
Bellingham, WA 98225

Phone: (360) 738-4554 (in Whatcom County)

(800) 860-6812 or (800) 585-6749 (in other counties and Point Roberts)

Fax: (360) 734-5476 or (360) 734-5446

Transportation assistance options include:

- Transit passes for public transportation
- Gas vouchers for use of personal vehicles
- intercity buses (such as Greyhound)
- Taxi
- Paratransit service
- Cabulance service
- Ferry tickets
- Air and water taxi service

National Patient Travel Center

<http://www.patienttravel.org/>

4620 Haygood Rd., Ste. 1 Virginia Beach, VA 23455

Phone: 1-800-296-1217 Fax: 1-800-550-1767

Email: Use the "Request Assistance" form available at the bottom of their homepage.

The National Patient Travel Center provides information about all forms of charitable, long-distance medically-related transportation and provides referrals to all appropriate sources of help available in the national charitable medical transportation network.

Paratransit (Whatcom Transportation Authority)

<http://www.ridewta.com/types-of-service/paratransit>

Eligibility information: (360) 733-1144

Specialized Transportation provides curb-to-curb transportation to people who are unable to ride fixed route buses due to a mental or physical disability.

Everyone who rides Specialized Transportation must first apply for eligibility. Eligibility requirements have been established by the Americans with Disabilities Act (ADA).

Specialized Transportation trips must be requested in advance. Requests can be made until 5 pm the day before you ride, and up to 7 days in advance. Subscription service is also available for repeat trips.

Transportation Handouts

<http://whatcomtakingaction.org/category/how-to-handouts-videos/transportation/>

See above link for Transportation handouts, including:

- Gas Vouchers for Medicaid-Covered Medical Appointments
- Sample Fax Form for Gas Vouchers
- Transportation Help to Medicaid-Covered Medical Appointments

Vision

Bellingham Central Lions Club Frank Haskell Eye Clinic

http://www.bellinghamcentrallions.org/Programs/Eye_Clinic/Eye_Clinic.html

1013 West Holly St.

Bellingham, WA 98225

(360) 733-5120, ext. 100

The Frank Haskell Lions Eye Clinic is a free clinic for qualifying low income applicants in Whatcom county. The clinic is sponsored by the Bellingham Central Lions Club and operated by Lighthouse Mission Ministries. All services are free of charge to qualifying low-income applicants.

National Federation of the Blind

<https://nfb.org/>

Advocacy, education, research, technology, and programs encouraging independence and self-confidence.

- Information about vision loss
- Resources for Living, Working, Learning and Recreation

Northwest Braille Services

PO Box 234

Ferndale, WA 98248

(360) 384-6494

bethmarsau@comcast.net

Northwest Braille Services is a nonprofit organization, whose purpose is to provide Braille materials, education, and information to individuals, groups, and/or agencies.

- Braille Transcription
- Braille Book Loan
- Braille Information Workshops (local)
- Braille Transcriber Training
- Resource Referral Service

Northwest Eye Surgeons

<http://www.nweyes.com/>

1306 Roosevelt Ave

Mt Vernon, WA 98273

(360) 428-2020

Werner Cadera, MD - specialist in pediatric ophthalmology.

Northwest Vision & Learning Center

<http://www.visionnorthwest.org/>

1705 S 324th Pl

Federal Way, WA 98003

Phone (Seattle): (253) 661-6005

Phone (Tacoma): (253) 925-5221

Fax: (253) 661-0633

Curtis R. Baxstrom, M.A. O.D.

Northwest Vision Development Center

<http://www.nwvisiontherapy.com/>

1616 Cornwall Ave Ste 105

Bellingham, WA 98225

Phone: (360) 393-4479 Fax: (360) 746-8661

Peter Charron, O.D.

Optometric Physicians NW

<http://www.optometricphysiciansnw.com/>

2222 James St., Ste A

Bellingham, WA 98225

(360) 676-4030

Washington Sensory Disabilities Services

<http://www.wsdsonline.org/>

On-site Help to Services Provided: <http://www.wsdsonline.org/deaf-blind/>

See Washington Sensory Disabilities Services under Hearing.

Washington State Department of Services for the Blind

<http://www.dsb.wa.gov/>

(800) 552-7103

info@dsb.wa.gov

Provides services for people of all ages who are blind or have low vision in Washington state, including:

- Resources for families
- Youth programs
- Recreation activities
- School-to-work transition
- Job counseling
- Adaptive skills

Washington Talking Book and Braille Library

<http://www.wtbbl.org/>

2021 9th Ave

Seattle, WA 98121

800-542-0866

wtbbl@sos.wa.gov

Washington State Library program, providing equal access to information and reading materials for Washington residents unable to read standard print.

Whatcom County Resource Directories

Opportunity Council Resource Directory

<http://fms1.opcco.org/resources/guide.php>

Washington Information Network

<http://www.win211.org/>