

**WHATCOM**  
taking**action**

for Children and Youth with Special  
Health Care Needs (CYSHCN)

# SEAS

Single Entry Access to Services

# Resource

# Directory

for Children and Youth with Special  
Health Care Needs

**SEAS**

Single Entry Access to Services

phone: 360.715.7485

fax: 360.676.6729

This information is presented by:



and made possible through funding and support from  
the Whatcom County Health Department's Developmental Disabilities and  
Children with Special Health Care Needs (CSHCN) Programs



**PUBLIC HEALTH**  
ALWAYS WORKING FOR A SAFER AND  
HEALTHIER WHATCOM COUNTY

The Arc of Whatcom County is the Lead Agency for Taking Action



Single Entry Access to Services (SEAS) is housed at the Opportunity Council



Funding for the development of the SEAS system and this guide was provided by a  
grant from the Whatcom Community Foundation



**GIVING HERE MATTERS**

Thanks to all the Taking Action community partners who contributed their time  
and knowledge towards the development of this guide.

# What is SEAS, and how can it help my family?

---

Single Entry Access to Services (SEAS) offers fast, easy access to services for kids ages birth to 21 who need specialized care and support (and their families). You may be asking:

- Is my child on track developmentally?
- Where can I go for help with behavior problems or trouble in school?
- Where can I find specialized care?
- How can I find help paying for my child's extra care?
- Where can I find support?

***Call SEAS at (360) 715-7485. Your SEAS care navigator...***

... will listen to you with patience and sensitivity, knowing that every person and family is different.

... will respect your time as you navigate the system, providing guidance and moral support every step of the way.

... will do their best to ensure all local kids and families receive the extra services and support they need.

# SEAS Resource Directory

---

What is SEAS, and how can it help my family?.....	3
SEAS Resource Directory .....	4
Apoyo para Familias en Español.....	11
Family Support - Latino .....	11
Padres a Padres (Part of Parent to Parent) .....	11
El Centro para Niños con Necesidades Especiales.....	11
Familia Latina.....	11
Assistive Technology .....	12
The Ershig Assistive Technology Resource Center of Western Washington University.....	12
AT Grants to Families.....	12
RELATED WEBSITES .....	12
Apps for Children with Special Needs .....	12
Appolicious.....	12
IEP Checklist App.....	12
HANDOUTS .....	13
Childcare and Caregivers.....	13
Childcare Aware.....	13
Child Care Subsidy Program .....	13
Head Start and ECAP - Ages 3-5 years .....	13
Home Care Referral Registry of Washington State .....	14
Super Sitter Program of Parent to Parent.....	14
HANDOUTS .....	14
Development and Early Learning.....	14
Early Learning and Family Services (ELAFS).....	14
Early Head Start - Ages 0-3 years.....	15
Early Support for Infants and Toddlers (ESIT) - Ages 0-3 years .....	15
Head Start and ECAP - Ages 3-5 years .....	15
Within Reach - Washington Help Me Grow, ParentHelp123 .....	15
PeaceHealth Children’s Therapy .....	15

RELATED WEBSITES .....	16
Washington State Department of Early Learning.....	16
Thrive Washington.....	16
US Department of Education: Building the Legacy: IDEA 2004. Ages 0-2 and 3-21 years.....	16
HANDOUTS .....	16
<b>Diagnosis Specific Information .....</b>	<b>17</b>
American Diabetes Association .....	17
Autism Society of Washington.....	17
Down syndrome Outreach (DsO) at The Arc of Whatcom County .....	17
Families for Effective Autism Treatment (FEAT).....	17
FACES Northwest.....	17
Fragile X Association of Washington State .....	18
National Association for Down Syndrome .....	18
National Down Syndrome Congress.....	18
Project Little Dude .....	18
HANDOUTS .....	18
<b>Education Advocacy.....</b>	<b>18</b>
The Arc of Whatcom County .....	18
Washington State Governor’s Office of the Education Ombuds .....	18
Sendan Center .....	19
Washington Autism Alliance and Advocacy.....	19
Special Education Programs within Whatcom County Schools .....	19
HANDOUTS .....	20
RELATED WEBSITES .....	20
Autism Outreach Project .....	20
State of Washington Office of Superintendent of Public Instruction (OSPI) Special Education .....	20
Wright’s Law .....	20
<b>Family Support.....</b>	<b>20</b>
The Arc of Whatcom County .....	20
Brigid Collins Family Support Center .....	21
Developmental Disabilities Administration, DSHS (DDA, formerly DDD) .....	21
Domestic Violence & Sexual Assault Services (DVSAS).....	21

Kinship Caregiver Services (part of Northwest Regional Council).....	21
Lummi Tribal Office .....	22
Opportunity Council.....	22
Northwest Youth Services.....	22
Parent to Parent of Whatcom County (P2P).....	23
Rebound of Whatcom County .....	23
SEAS: Single Entry Access to Services.....	23
RELATED WEBSITES .....	24
AARP GrandFacts: State fact sheets for grandparents and other relatives raising children.....	24
Children with Special Needs.....	24
Washington State Father’s Network .....	24
Family Voices.....	24
Generations United .....	24
Grandparents Resource Center.....	24
Parent Help 123.....	25
The Sibling Support Project.....	25
Washington State Department of Social and Health Services Kinship Care.....	25
Washington State Medical Home Partnership Project.....	25
HANDOUTS .....	26
<b>Financial Help .....</b>	<b>26</b>
Blue Skies for Children.....	26
Department of Social & Health Services (DSHS) .....	26
Families for Effective Autism Treatment (FEAT).....	26
Lions Club Wheel Chair Warehouse .....	27
Supplemental Security Income (SSI) Benefits .....	27
Sisu Children’s Fund .....	27
DSHS Child Care Subsidy Program .....	27
RELATED WEBSITES .....	28
NeedyMeds .....	28
Possibilities: a Financial Resource Guide for Parents of Children with Disabilities (PACER).....	28
HANDOUTS .....	28
<b>Healthcare – Community Health Centers .....</b>	<b>28</b>

Interfaith Community Health Center .....	28
Lummi Tribal Health Center .....	29
Nooksack Health Department.....	29
Sea Mar Community Health Centers.....	30
Sea Mar Community Health Clinic, Bellingham Medical Clinic.....	30
Sea Mar Community Health Center, Everson Medical Clinic .....	30
<b>Health Insurance Access .....</b>	<b>30</b>
ParentHelp123 .....	30
WAHealthPlanFinder.org.....	31
Washington Autism Advocacy and Alliance.....	31
Whatcom Alliance for Health Advancement (WAHA).....	31
HANDOUTS .....	31
<b>Hearing.....</b>	<b>32</b>
Bellingham Ear, Nose & Throat.....	32
Hearing Health Clinic.....	32
Hearing, Speech, and Deafness Center.....	32
Washington Sensory Disabilities Services .....	32
Western Washington University Speech, Language and Hearing Clinic .....	33
RELATED WEBSITES .....	33
Washington State Hands & Voices.....	33
Early Hearing-loss Detection, Diagnosis and Intervention (EHDDI).....	34
National Center for Hearing Assessment and Management .....	34
<b>Medical Information .....</b>	<b>34</b>
American Academy of Pediatrics, Healthychildren.org .....	34
Kids Health.....	34
Medline Plus.....	35
National Institutes of Health .....	35
NIH National Center for Complementary and Integrative Health .....	35
<b>Medical Equipment and Supplies .....</b>	<b>35</b>
Lions Club Wheelchair Warehouse .....	35
Bellevue Healthcare .....	35
Norco Medical.....	35
Hoagland Pharmacy .....	35

HANDOUTS .....	35
<b>Mental Health, Counseling and Behavior Management.....</b>	<b>36</b>
Animals as Natural Therapy .....	36
Blue Water Behavioral Consulting.....	36
Catholic Community Services .....	36
Compass Health .....	36
Endless Potential, LLC .....	37
InterPlay Academy.....	38
Medicaid Applied Behavioral Analysis (ABA) Therapy Program .....	38
Mental Health Resources in Whatcom County .....	38
Northwest Autism Clinic .....	38
OurTreeHouse.....	39
Pacific Northwest Autism .....	39
Sendan Center .....	39
RELATED WEBSITES .....	39
National Institute of Mental Health.....	39
National Alliance on Mental Health (NAMI).....	39
National Alliance on Mental Health (NAMI) - Whatcom County .....	40
The Balanced Mind.....	40
Whatcom Mental Health Providers Directory.....	40
<b>Nutrition Assessment and Education.....</b>	<b>40</b>
PeaceHealth Nutrition & Diabetes Clinic .....	40
Sea Mar Health Education .....	40
WIC-Women, Infants and Children.....	41
<b>Occupational Therapy .....</b>	<b>41</b>
Capstone.....	41
Pacific Kids Therapy .....	41
PeaceHealth Children’s Therapy .....	42
Pediatric NDT & SI Therapy Services.....	42
Washington Elks Therapy Program for Children.....	42
<b>Oral Health .....</b>	<b>42</b>
Oral Health for People with Special Needs .....	42
Whatcom Alliance for Health Advancement (WAHA) Dental.....	43



Access to Baby and Child Dentistry .....	43
Whatcom Project Access (WPA).....	43
Whatcom County Oral Health Coalition (HappyTeeth.org).....	43
HANDOUTS .....	43
<b>Physical Therapy.....</b>	<b>43</b>
Capstone.....	43
Harmony Physical Therapy .....	44
Integrative Physical Therapy Services .....	44
PeaceHealth Children’s Therapy .....	44
Whatcom Physical Therapy .....	44
<b>Recreation .....</b>	<b>45</b>
Arne Hanna Aquatics Center.....	45
Bellingham Parks and Recreation.....	45
Dan Godwin Community Center .....	45
FACES. Northwest.....	45
ADA Access: Accessing Washington’s Outdoors for Persons with Disabilities.....	45
Fishing Licenses .....	46
Max Higbee Center.....	46
National Parks and Federal Recreational Lands Pass.....	46
NorthWest Therapeutic Riding Center .....	47
Special Olympics in Whatcom County .....	47
The Center for Children with Special Needs Summer Camp Directory .....	47
TOPSoccer of Bellingham.....	47
<b>Regional Medical Centers .....</b>	<b>47</b>
Center on Human Development and Disability.....	47
Seattle Children’s Hospital .....	48
<b>Service Animals.....</b>	<b>48</b>
Brigadoon Service Dogs .....	48
RELATED WEBSITES .....	48
Pet Partners.....	48
<b>Speech and Language Therapy.....</b>	<b>48</b>
Capstone.....	48
Connections.....	49

PeaceHealth Children’s Therapy .....	49
Western Washington University Speech-Hearing-Language Clinic .....	49
<b>Transition to Adult Services .....</b>	<b>50</b>
The Arc of Whatcom County .....	50
DSHS Developmental Disabilities Administration.....	50
RELATED WEBSITES .....	50
Adolescent Health Transition Project.....	50
Center on Human Development and Disability.....	50
New Directions for Young Adults.....	50
HANDOUTS: .....	51
<b>Transportation.....</b>	<b>51</b>
Medicaid Transportation .....	51
Paratransit (Whatcom Transportation Authority).....	51
HANDOUTS .....	51
<b>Vision.....</b>	<b>52</b>
Bellingham Central Lions Club Frank Haskell Eye Clinic .....	52
Washington Sensory Disabilities Services .....	52
National Federation of the Blind.....	53
Northwest Braille Services .....	53
Northwest Eye Surgeons .....	53
Northwest Vision & Learning Center .....	53
Northwest Vision Development Center .....	53
Optometric Physicians NW.....	53
<b>Whatcom County Resource Directories .....</b>	<b>54</b>
Opportunity Council Resource Directory .....	54
Washington Information Network.....	54

# Apoyo para Familias en Español

## Family Support - Latino

---

### **Padres a Padres (Part of Parent to Parent)**

<http://www.p2pwhatcom.org/es>

Marcela Jimenez, la Coordinadora para la comunidad latina: (360) 255-2056 x 2  
Los programas de apoyo de Padres a padres ofrecen apoyo emocional e información a las familias de niños con diferencias y retrasos del desarrollo o enfermedades crónicas. Toda su información se mantiene confidencial.

Servicios ofrecidos:

- Apoyo emocional para familias de niños con diferencias del desarrollo por padres/madres voluntarios.
- Actividades sociales y de recreación en nuestra comunidad - gratis.
- Visitas de/citas con la coordinadora para la comunidad hispana, individualizadas para su familia.
- Boletín de noticias y recursos en español por correo postal o correo electrónico.
- Promoción social con participación de la comunidad en la inclusión de las personas con retrasos del desarrollo.

### **El Centro para Niños con Necesidades Especiales**

<http://cshcn.org/languages/spanish>

Información y herramientas que pueden ayudarle a cuidar a su hijo(a) que padece de una condición crónica física, de desarrollo, de comportamiento o emocional.

### **Familia Latina**

<http://www.brigidcollins.org/familia-latina/>

1231 Garden St. #200

Bellingham, WA 98225

734-4616 x 13

Apoyamos a familias en momentos de crisis, y también tenemos clases y actividades semanales y mensuales para toda la familia. Nuestros servicios son completamente gratis. Consulta sin cita para familias Latinas. Manejador de casos.

Nuestros servicios son incluyen:

- Actividades familiares
- Información acerca de ser padres
- Madres comunitarias
- Apoyo en momentos de crisis familiares.

# Assistive Technology

---

## The Ershig Assistive Technology Resource Center of Western Washington University

<https://wce.wwu.edu/e-atrc/ershig-assistive-technology-resource-center>  
(360) 650-2783

The E-ATRC welcomes all community members, including:

- educators and therapists from local schools
- professionals from human services organizations
- medical and mental healthcare professionals
- family members and caregivers of individuals with disabilities
- anyone interested in learning more about AT

The Center strives to:

- **Increase awareness** about the range of technologies available to support individuals with diverse needs
- **Provide ‘hands-on’ experience** and as-needed support with technology tools in order to raise the comfort level of users
- **Build knowledge** about available resources to support skills with existing and emerging technologies and related best practices

**AT Grants to Families** are associated with the collaborative process described above.

<https://wce.wwu.edu/e-atrc/services-community-members>

Supports families in purchasing tools that may benefit their family member at home: For more information, or to arrange a visit to the E-ATRC, please contact Linda Schleef, E-ATRC Coordinator: [Linda.Schleef@wwu.edu](mailto:Linda.Schleef@wwu.edu)

## RELATED WEBSITES

### Apps for Children with Special Needs

<http://specialchildren.about.com/od/equipment/tp/featuredapps.htm>

### Appolicious

<http://www.appolicious.com/>

### IEP Checklist App

<http://www.peatc.org/peatc.cgim?template=IEPChecklistiPhone>

The IEP Checklist App helps parents of students with special needs become better-informed advocates by making IEP information easier to access.

## HANDOUTS

See <http://whatcomtakingaction.org/category/how-to-handouts-videos/tools-and-technology/> for **Assistive Technology handouts including iPad 101**

# Childcare and Caregivers

---

## Childcare Aware

<http://www.opppco.org/cca/>

1111 Cornwall Ave. Ste. 200

Bellingham, WA 98225

Provider Services: (360) 734-8396 x227 or (888) 444-1862 x227

Parent Referrals: (800) 446-1114

Enhanced referrals: (360) 734-8396 x227

Email: [childcare@oppco.org](mailto:childcare@oppco.org)

Opportunity Council's Child Care Aware is a community service that works with parents/families, early childhood educators, businesses, and community organizations to help promote the availability of high-quality early care and education programs.

- Vouchers for emergency or homeless childcare
- Referrals to licensed child care providers
- Consumer education materials to help make the most informed decision when selecting a high-quality early care and education program.
- Enhanced referrals for children with special needs
- Professional development and support services

## Child Care Subsidy Program

<https://www.dshs.wa.gov/esa/community-services-offices/child-care-subsidy-program>

(877) 501-2233

- The Working Connections Child Care program pays for child care subsidies to eligible households with parents who are working or are participating in a DSHS approved work activity and whose children meet citizenship requirements.
- The Seasonal Child Care program pays for child care subsidies to eligible seasonally employed agricultural families who live in designated counties and are not receiving TANF benefits.

## Head Start and ECAP - Ages 3-5 years

<http://www.opppco.org/preschool/>

See ELAFS contact information above

Children enrolled in Head Start and the Early Childhood Education and Assistance Program (ECAP) attend preschool at a Child Care Partnership site, and receive

health assessments, nutrition education, mental health services, social service referrals, home visits, and family support services.

### **Home Care Referral Registry of Washington State**

<http://www.hcrr.wa.gov/>

PO Box 45600  
Olympia, WA 98504  
(800) 970-5456

The Home Care Referral Registry is a customized internet-based system operated by local Registry offices across Washington State. It is designed to assist seniors, individuals with developmental disabilities, their families and representatives to find pre-screened home care workers that best meet their personal and respite care needs.

### **Super Sitter Program of Parent to Parent**

<https://sites.google.com/a/p2pwhatcom.org/www/>

2001 H St.  
Bellingham, WA 98225  
(360) 671-3660

Provides instruction, including CPR/First Aid certification to participants about the additional care, communication, and inclusion needs of children with developmental disabilities, delays and ongoing health care needs. The program also provides a list of recommended Super Sitters to families in our community.

## **HANDOUTS**

See <http://whatcomtakingaction.org/category/how-to-handouts-videos/childcare-respite/> for **Childcare and Caregivers handouts including:**

***Childcare for CYSHCN***

***Choosing a Caregiver Guide***

***Community First Choice Personal Care Assistance for CYSHCN***

***Tips on Placing a Childcare Ad on the WWU Website***

***Ways to Find Respite in Whatcom County***

# **Development and Early Learning**

---

## **Early Learning and Family Services (ELAFS)**

<http://www.opcco.org/early-childhood-education-and-assistance/>

1111 Cornwall Ave. Ste. 200  
Bellingham, WA 98225  
(360) 734-8396 Fax: (360) 671-5096

Early childhood development services for low-income families, and children with special needs. Programs are free for eligible families. Programs include Early Head

Start, Head Start, Early Support for Infants and Toddlers, the Early Childhood Education and Assistance Program (see below).

### **Early Head Start - Ages 0-3 years**

<http://www.opppco.org/ehs/>

See ELAFS contact information above

Designed to meet the needs of pregnant women, infants, toddlers and their families. Services include prenatal education and support for expectant parents, health and nutrition services, family development support, group socialization and home visits focusing on child development and quality early education.

### **Early Support for Infants and Toddlers (ESIT) - Ages 0-3 years**

<http://www.opppco.org/whatcom-early-support-for-infants-and-toddlers/>  
360-715-7485

Provides services to children birth to 3 who have disabilities and/or developmental delays. Eligible infants and toddlers and their families are entitled to individualized, quality early intervention services in accordance with the federal Disabilities Education Act (IDEA), Part C.

### **Head Start and ECAP - Ages 3-5 years**

<http://www.opppco.org/preschool/>

See ELAFS contact information above

Children enrolled in Head Start and the Early Childhood Education and Assistance Program (ECAP) attend preschool at a Child Care Partnership site, and receive health assessments, nutrition education, mental health services, social service referrals, home visits, and family support services.

### **Within Reach - Washington Help Me Grow, ParentHelp123**

<http://parenthelp123.org>

(800) 322-2588: Monday-Thursday 8:00-5:30 and Friday 8:00-5:00

Within Reach provides free developmental screening, connections to early learning and family support services, referrals to early intervention for developmental delays, and family support in English and Spanish to families across Washington.

### **PeaceHealth Children's Therapy**

<https://www.peacehealth.org/phmg/bellingham-lynden/services/specialty-care/childrens-therapy/Pages/Default.aspx>

4545 Cordata Parkway, Ste. LL4

Bellingham, WA 98226

(360) 752-5622

Our Children's Therapy Program provides comprehensive evaluation and treatment for children up to 12 years of age with suspected or identified developmental delays or neuromuscular impairment.

Medical coupons accepted. Medical insurances are billed directly. A physician referral is required.

- Neurodevelopmental assessment
- Occupational therapy
- Physical therapy
- Speech therapy

## RELATED WEBSITES

### Washington State Department of Early Learning

<http://www.del.wa.gov/>

Information and resources for children’s first and most important teachers—parents—as well as others who care for and teach young children.

### Thrive Washington

<http://thrivewa.org/>

“Love, Talk, Play” is a messaging campaign that aims to surround parents and caregivers of children birth to age 3 with simple messages about three key things all parents can and need to be doing with their children every day: love, talk and play. - See more at <https://thrivewa.org/work/family-engagement-3/>.

### US Department of Education: Building the Legacy: IDEA 2004. Ages 0-2 and 3-21 years

<http://idea.ed.gov/>

The Individuals with Disabilities Education Act (IDEA) is a law ensuring services to children with disabilities throughout the nation. IDEA governs how states and public agencies provide early intervention, special education and related services to more than 6.5 million eligible infants, toddlers, children and youth with disabilities. Infants and toddlers with disabilities (birth-2) and their families receive early intervention services under IDEA Part C. Children and youth (ages 3-21) receive special education and related services under IDEA Part B.

## HANDOUTS

See <http://whatcomtakingaction.org/category/how-to-handouts-videos/education/> for **Development and Early Learning handouts including:**

***School Services for Children Under 5***

***School Services for School-Age Children***

***School Advocacy***



# Diagnosis Specific Information

---

## **American Diabetes Association**

<http://www.diabetes.org>

## **Autism Society of Washington**

<http://www.autismsocietyofwa.org/>

## **Down syndrome Outreach (DsO) at The Arc of Whatcom County**

[http://arcwhatcom.org/wp/?page\\_id=41](http://arcwhatcom.org/wp/?page_id=41)

360-715-0170 ext. 304

[jessikah@arcwhatcom.org](mailto:jessikah@arcwhatcom.org)

The mission of Down syndrome Outreach is to advocate for the rights, promote the potential and abilities, and create a supportive and inclusive community for people with Down syndrome. DsO:

- Provides a New Baby kit for families once connection is made with DsO Coordinator
- Has fun family networking events, specifically for the Down syndrome community
- Provides birth through life support, info and updates via The Arc's Empower newsletter and eAlerts
- DsO coordinator, Jessika, can answer your questions and help get you connected to community resources

## **Families for Effective Autism Treatment (FEAT)**

<http://www.featwa.org/>

FEAT provides family support and resources in several different ways:

- Initial contact, direction and support through Family Services
- Financial support through Ben's Fund

## **FACES Northwest**

<http://www.facesnorthwest.com>

(360) 389-2151

A 501(c)3 non-profit corporation founded and operated by parents of children with **autism** in Whatcom County. Private pay, partially covered by Extended School Year school district funds.

Eight-week therapeutic recreational day camp in July and August for children and young adults with autism from ages 5 through 21.

### **Fragile X Association of Washington State**

<https://fragilex.org/community/community-support-network/northwest/fragile-x-association-of-washington-state/>

### **National Association for Down Syndrome**

<http://www.nads.org>

### **National Down Syndrome Congress**

<http://www.ndscenter.org/>

### **Project Little Dude**

[www.projectlittledude.com](http://www.projectlittledude.com)

360-483-6954

[krissy@projectlittledude.com](mailto:krissy@projectlittledude.com)

Contact: Krissy Eiben

Project Little Dude is a parent-run Whatcom County organization that:

- Provides families with a new diagnosis of **Down syndrome** a Kit with therapeutically minded and resourceful supportive devices as well as helpful and current books
- Has educational therapeutic workshops for new families and providers
- Is an independent source of info and support with connection to local support programs (above) and an online sharing source of tips, advice equipment, professionals list, product guides and suggestions

## **HANDOUTS**

See <http://whatcomtakingaction.org/category/how-to-handouts-videos/diagnosis-specific/> **for Diagnosis Specific handouts including:**

***Autism 101***

***Down syndrome Partners***

# **Education Advocacy**

---

### **The Arc of Whatcom County**

<http://www.arcwhatcom.org/>

2602 McLeod Rd.

Bellingham, WA 98225

(360) 715-0170 x 303 Fax: (360) 715-8522

Information, workshops, 1-on-1 support, Individual Education Plan (IEP) advocates

### **Washington State Governor's Office of the Education Ombuds**

<http://oeo.wa.gov/>

(866) 297-2597

Email: [OEInfo@gov.wa.gov](mailto:OEInfo@gov.wa.gov)

The role of the Office of the Education Ombudsman is to:

- Listen to concerns and perspectives
- Advocate for consumer access to fair processes
- Ensure focus is on positive student outcomes
- Resolve complaints through alternative dispute resolution techniques
- Collect data, identify trends, and report recommendations to policy makers and elected officials to improve educational access and outcomes for students
- Answer questions about the public education system

### **Sendan Center**

<http://sendancenter.com/>

1616 Cornwall Ave. Ste. 100

Bellingham, WA 98225

(360) 305-3275 Fax: (360) 734-5503

- Child and Adolescent Psychiatry and Psychotherapy
- Behavior Services: In-home and in-school:
- Tutoring
- Autism Diagnosis and Treatment, including ABA
- Psychoeducational Testing and Treatment
- Education Advocacy

### **Washington Autism Alliance and Advocacy**

<http://www.washingtonautismadvocacy.org/>

A volunteer-run organization serving approximately 2000 children and adolescents statewide. Most member families:

- don't qualify for any social services or aid and
- pay out of pocket for therapies that leaves them no money to afford them

Provides pro-bono contacts with Family Resource and Advocacy Coordinators who provide assistance with health insurance appeals and social service appeals.

WAAA provides access to a supportive network of families of children on the spectrum who help find providers and school services, as well as personal support. A free online Resource Directory includes statewide Autism services of all types with personal recommendations from member families. All members receive access to free insurance and special education advocacy tools.

### **Special Education Programs within Whatcom County Schools**

Each of the seven school districts in Whatcom County provides evaluation and early intervention services for children beginning at age three. If a delay is suspected in any of the five areas (cognition, communication, fine motor, gross motor and/or social emotional) the school district will provide an interdisciplinary evaluation. Eligible children will be provided a preschool program with an Individualized Education Plan (IEP).

Contact the special education program in your school district.

Bellingham: (360) 676-6514  
Nooksack Valley: (360) 988-4754  
Lummi: (360) 758-4300  
Meridian: (360) 398-9898

Blaine: (360) 332-0722  
Ferndale: (360) 383-9212  
Lynden: (360) 354-2893  
Mt. Baker: (360) 383-2012

## HANDOUTS

See <http://whatcomtakingaction.org/category/how-to-handouts-videos/education/> for **Development and Early Learning handouts including:**

***School Services for Children Under 5***

***School Services for School-Age Children***

***School Advocacy***

## RELATED WEBSITES

### **Autism Outreach Project**

<https://www.nwesd.org/autism>

### **State of Washington Office of Superintendent of Public Instruction (OSPI) Special Education**

<http://www.k12.wa.us/SpecialEd/default.aspx>

### **Wright's Law**

<http://www.wrightslaw.com/>

Information about special education law, education law and advocacy for children with disabilities

# Family Support

---

### **The Arc of Whatcom County**

<http://www.arcwhatcom.org/>

2602 McLeod Rd.

Bellingham, WA 98225

(360) 715-0170 Fax: (360) 715-8522

Advocacy, information and referrals for persons with developmental disabilities, support and education for caregivers.

- Parent Coalition
- Educational Materials and Workshops
- 1 on 1 support
- Education Advocacy
- Young Adult Self-Advocacy
- Down Syndrome Outreach
- Voucher Program

### **Brigid Collins Family Support Center**

<http://www.brigidcollins.org/>

1213 N Garden St. Ste. 200

Bellingham, WA 98225

(360) 734-4616 Fax: (360) 734-1763

Email: [contact@brigidcollins.org](mailto:contact@brigidcollins.org)

Programs support the healthy development of all families, promoting family support as a means to prevent child abuse.

- Parenting Skills Building Program
- Parents Helping Parents Support Groups Foster Vision
- Familia Latina

### **Developmental Disabilities Administration, DSHS (DDA, formerly DDD)**

<https://www.dshs.wa.gov/dda>

Bellingham Outstation

119 N. Commercial St. Ste. 700

Bellingham, WA 98225-4450

Email: [DD3FSO@dshs.wa.gov](mailto:DD3FSO@dshs.wa.gov)

(360) 714-5000 or (800) 239-8285

Fax: (360) 714-5001

Assists individuals with developmental disabilities and their families to obtain services and supports based on individual preference, capabilities and needs. Services are based on DDA guidelines and available funding.

### **Domestic Violence & Sexual Assault Services (DVSAS)**

<http://www.dvsas.org/>

1407 Commercial St.

Bellingham, WA 98225

24-Hour Helpline: (360) 715-1563 or (877) 715-1563

Walk-in Services: Monday-Friday, 9am-5pm

Through advocacy counseling, support groups, legal assistance, and community trainings, DVSAS provides support, education, and healing to thousands of people each year. Services are free and confidential. Call if you or someone you know has experienced domestic violence or sexual assault.

### **Kinship Caregiver Services (part of Northwest Regional Council)**

<http://www.nwrcwa.org/kinship-caregiver-services/>

(800) 317-5427 or (360) 676-6577

Grandparents and other family members raising a relative's child are known as Kinship Caregivers. Kinship Caregivers are often unaware of available support. Kinship Navigators connect Caregivers with community resources, including healthcare, financial and legal services, support groups and emergency funds. Almost all Kinship Care families qualify for some benefits. Kinship Navigators provide crucial links between Kinship Caregivers and these services, to help create healthier environments and keep children out of the child welfare system.

### **Lummi Tribal Office**

<http://www.lummi-nsn.org>  
2592 Kwina Rd.  
Bellingham, WA 98226  
(360) 384-1489

Serves members of the Lummi Nation by providing information and referral

### **Opportunity Council**

<http://www.opppo.org/>  
1111 Cornwall Ave.  
Bellingham, WA 98225  
(360) 734-5121

Fax: (360) 671-0508

Broad scope of services that range from helping people in crisis with immediate needs to addressing long-term systemic change

- Community Resource Centers: Connects people with community resources to help meet basic needs such as food and housing; including requests for emergency shelter, rental assistance, referrals for affordable housing and problem solving help with landlord/tenant issues
- Food and Nutrition: Information about nutrition, and local food resources, Maple Alley Inn serves hot meals at two locations.
- Home and Energy programs include Conservation Education, the Energy Assistance, Home Repair, Lead Hazard Reduction, and Weatherization.
- Housing Programs, which include:
  - Dorothy Place for single women and women with children
  - Homeless Housing for families and individuals
  - Marjie's House in Oak Harbor for women and children
  - Supportive Services for Veteran Families
  - Whatcom Homeless Service Center providing eviction prevention, rental assistance and other services
- Early Learning and Family Services
- Child Care Resources, which include:
  - Child Care Aware of NW Washington
  - Child Care Nutrition Program
  - Homeless and Emergency Child Care

### **Northwest Youth Services**

<http://www.nwys.org/>  
1020 N. State St.  
Bellingham, WA 98225  
(360) 734-9862

Fax: (360) 734-4720 TDD: (800) 833-6388

Specializes in helping youth who have been marginalized by their choices or simply because of who they are. Services include:

- Whatcom Housing Programs - transitional and permanent housing

- Vocational opportunities - education and employment Detour outreach services - St. Outreach Team Diversion program opportunities - Teen Court

### **Parent to Parent of Whatcom County (P2P)**

<https://sites.google.com/a/p2pwhatcom.org/www/>

2001 H St.

Bellingham, WA 98225

(360) 255-2056

Emotional support and information to families of children with developmental disabilities, delays, and ongoing health care needs. Trained Helping Parents whose parenting experiences match yours as closely as possible. *\*See Padres a padres*

- Emotional support for parents of children with disabilities and chronic illnesses.
- Information and referrals to community resources.
- Trained Helping Parents whose parenting experiences match yours as closely as possible.
- Social and recreational events.
- Current information on disabilities, medical conditions and community resources.

### **Rebound of Whatcom County**

<http://www.reboundwc.org/>

316 E. McLeod Rd. Suite 102

Bellingham, WA 98226

(360)714-0700

Working in partnership with local agencies, area churches, local businesses and several hundred volunteers, Rebound brings hope and healing through such services as a 7-week summer program, parent education, middle school groups, and support groups for elementary-aged kids and parents.

Current Rebound of Whatcom County Programs:

- Rebound Roots: program to strengthen children and families
- Parenting Enrichment Classes
- Compass Kids Support Group - support group for elementary-aged children that teaches the life skills necessary to understand, talk about, and cope with what is happening in their lives in healthy, positive ways.
- The Crew Middle School Group - The Middle School Compass Program is specifically designed for kids in the sixth-eighth grade who have experienced difficult life circumstances
- Ray of Hope - Ray of Hope is a 7 week day program for children ages 5-12 with emotional, behavioral, and/or economic challenges.

### **SEAS: Single Entry Access to Services**

<http://whatcomtakingaction.org/>

(360) 715-7485

FAX: (360) 676-6729

Single Entry Access to Services (SEAS) offers fast, easy access to services families of children ages birth to 21 who need specialized care and support.

## RELATED WEBSITES

### **AARP GrandFacts: State fact sheets for grandparents and other relatives raising children**

<http://www.aarp.org/relationships/friends-family/grandfacts-sheets/>

### **Children with Special Needs**

<http://www.cshcn.org/>

A program of Seattle Children's Hospital. Information for families and professionals focusing on children with special healthcare needs who have chronic physical, developmental, behavioral or emotional conditions. They provide:

- Information and resources
- Program evaluation and needs assessment
- Health education and training
- Getting started after a new diagnosis (<http://www.cshcn.org/get-started>)
- Planning and record keeping, including Care Organizer
- Finding support and making connections (<http://www.cshcn.org/support-connection>)
- Downloadable forms and documents (<http://www.cshcn.org/download-documents>)

Please Note: They do not provide direct care, evaluation or treatment for *individual* children.

### **Washington State Father's Network**

<http://www.fathersnetwork.org>

Information and resources for fathers raising a special needs child

### **Family Voices**

<http://www.familyvoices.org/>

Provides families the tools to make informed decisions, advocate for improved public and private policies, build partnerships among professionals and families, and serve as a trusted resource on health care.

### **Generations United**

<http://www.gu.org/>

Strives to improve the lives of children, youth, and older adults through intergenerational collaboration, public policies and programs for the enduring benefit of all

### **Grandparents Resource Center**

<http://www.grc4usa.org/about.php>

We work with grandparents and family members to facilitate harmony, and foster intergenerational relationships, providing a border security for the children in the family. We help families to negotiate with the system to re-connect children in foster care with their biological families. It is our goal to help rescue children who



are in a "limbo realm" and in despair, and have them placed in permanent, safe homes with grandparents and/or with other suitable family members. We also assist family members by providing them with the necessary services and resources in raising these youngsters to be useful citizens.

### **Parent Help 123**

<http://www.parenthelp123.org/>

ParentHelp123.org, is operated by the statewide non-profit WithinReach. The website helps Washington State families find services in their communities, apply for health insurance, food assistance programs and more. The website also provides important health information for pregnant women, children and families.

- Benefit Finder
- Children with Special Health Care Needs
- Pregnancy
- Families
- Information for Professionals
- Health Resources: Food Assistance, Summer Meals Program, Family Health Hotline, Health Insurance Program, Additional Resources

### **The Sibling Support Project**

<https://www.siblingsupport.org/>

The Sibling Support Project is a national program dedicated to the life-long concerns of brothers and sisters of people with special health, developmental, and mental health concerns.

\*For local activities see [Parent to Parent](#)

### **Washington State Department of Social and Health Services Kinship Care**

<https://www.dshs.wa.gov/altsa/home-and-community-services-kinship-care/kinship-care>

Are you a grandparent or other family member raising a relative's child? You are not alone. The financial, legal, and emotional issues of raising a relative's child can be challenging. Services and support when raising a relative's child can be a lifesaver.

Getting answers to questions and finding services, programs, and support can be confusing and overwhelming. We are here to help.

Specific Topics/Resources through that site include:

- Legal Issues
- Benefits and Services
- HealthcareHealth Care
- DSHS Kinship Publications

### **Washington State Medical Home Partnership Project**

<http://www.medicalhome.org/>

Offering information, tools, and resources that support a medical home for children and youth with special health care needs and their families. For families, physicians, and other providers.

## HANDOUTS

See <http://whatcomtakingaction.org/category/how-to-handouts-videos/support-resources/> for **Family Support handouts including:**

**Community First Choice Personal Care Assistance for CYSHCN**

**DDA Services**

**Tips on Placing a Childcare Ad on the WWU Website**

**Ways to Find Respite in Whatcom County**

# Financial Help

---

## Blue Skies for Children

<http://www.blueskiesforchildren.org/>

2505 Cedarwood Ave. Ste. 5

Bellingham, WA 98225

Office Hours: M-Th, 10:00AM to 4:00PM

(360) 756-6710 Fax: (360) 756-6684

To raise hope and self-esteem by sponsoring enrichment programs and other essentials for homeless, low-income and foster children in Whatcom and Skagit Counties

Programs and services include:

- Little Wishes Enrichment Program
- One-Time Little Wishes Program
- Shoes Give Program
- Winter Warm-Up Program
- Driver's Education Scholarship
- Josh Fueston Memorial Swim to Live Fund

## Department of Social & Health Services (DSHS)

<https://www.dshs.wa.gov/>

(877) 501-2233

Online Community Services Office (CSO) and online application for general benefits

<https://www.washingtonconnection.org/home/>

## Families for Effective Autism Treatment (FEAT)

<http://www.featwa.org/>

FEAT provides family support and resources in several different ways:

- Initial contact, direction and support through Family Services
- Financial support through Ben's Fund

## **Lions Club Wheel Chair Warehouse**

[http://www.bellinghamcentrallions.org/Programs/WCW/Wheelchair\\_Warehouse.html](http://www.bellinghamcentrallions.org/Programs/WCW/Wheelchair_Warehouse.html)

4141 W. Maplewood

Bellingham, WA 98225

(360) 752-5526

(800) 772-1213

TTY (800) 325-0778

Mondays & Thursdays, 9-11:30AM

WCW loans durable medical equipment to folk in Northwest Washington. It is a free service, though they gladly accept donations. Equipment loaned includes low vision aids, wheelchairs, power chairs, walkers, crutches, canes, and bedside and bathroom helpers of all kinds. Loans are for three months, but may be extended based on need. We also loan equipment to people who are traveling or have visiting relatives. Churches, schools and clinics also borrow equipment to support their programs.

## **Supplemental Security Income (SSI) Benefits**

<http://www.ssa.gov/disabilityssi/ssi.html>

Supplemental Security Income (SSI), a program administered by the Social Security Administration (SSA), pays benefits to disabled adults and children who have limited income and resources. A child younger than age 18 can qualify if his or her family's income and resources fall within the eligibility limits and he or she meets SSA's definition of disability for children. For some conditions, if the child is eligible based on the family's income and resources, SSI payments are granted right away, while the agency decides whether he/she meets the disability definition. If the agency decides that the child's disability is not severe enough for SSI, the family will not have to pay back the SSI payments that the child received. See publications: Benefits for Children with Disabilities and Apply for Disability Benefits for Child under 18.

## **Sisu Children's Fund**

<http://sisuchildrensfund.org/>

(360) 671-8766

Email [sisuchildrensfund@gmail.com](mailto:sisuchildrensfund@gmail.com)

A public charity able to give grants directly to needy families in Washington State, with priority to children in Whatcom and Skagit Counties.

- Academic scholarships to a few admirable students each year. In order to qualify, you must have had a mental or physical disability in the past.
- Financial help to buy medical treatment, equipment or therapy.

## **DSHS Child Care Subsidy Program**

<https://www.dshs.wa.gov/esa/community-services-offices/child-care-subsidy-program>

### ***Includes Working Connections Child Care and Seasonal Child Care***

Childcare subsidy for families who are working and meet the criteria for the program. A special subsidy is available for eligible special needs children who are in daycare and require a higher level of care. Apply online for DSHS benefits or in person at the local CSO. See [Childcare and Caregivers](#) for more information.

## RELATED WEBSITES

### NeedyMeds

<http://www.needymeds.org/>

Information on how to access special programs and grants to help with medical expenses.

### Possibilities: a Financial Resource Guide for Parents of Children with Disabilities (PACER)

<http://www.pacer.org/publications/possibilities/>

## HANDOUTS

See <http://whatcomtakingaction.org/category/how-to-handouts-videos/cost-assistance/> for **Financial Help handouts including:**

### **Childcare for CYSHCN**

### **Paying for Diapers with Provider One Medical Coverage**

# Healthcare – Community Health Centers

---

## Interfaith Community Health Center

<http://www.interfaithchc.org/>

(877)235-6850 Fax: (360) 671-3574

Accepts Provider One, Medicaid, Medicare, Basic Health Plan, and *most* private insurance. Charges are discounted on a sliding fee scale based on household size and income. No one is ever denied services because of an inability to pay.

### Medical and dental

220 Unity Street  
(360) 676-6177

### Behavioral Health

1616 Cornwall Avenue  
(360) 676-6177

### Pharmacy

218 Unity Street  
(360) 752-7406

### After-Hours Nurse

(800) 607-5501

### Ferndale

5616-3<sup>rd</sup> Ave.  
Ferndale, WA 98248  
(360) 752-7410

### Point Roberts

2030 Benson Rd.  
Point Roberts, WA 98281  
(360) 945-2580

### Services:

- **Medical:** primary and preventive health care for all ages
- **Dental:** dental care for children, pregnant women, and other adults
- **Behavioral health:** fully integrated with medical care, program addresses issues like depression, anxiety and chronic illness
- **Pharmacy:** on-site pharmacy provides greater convenience and in some cases reduced prices

- **HIV/AIDS (Ryan White Program):** comprehensive primary care services for people living with HIV/AIDS in Whatcom and Skagit Counties
- **PeaceHealth Labs**

### **Lummi Tribal Health Center**

[http://www.lummi-nsn.org/website/dept\\_pages/health/healthcenter.shtml](http://www.lummi-nsn.org/website/dept_pages/health/healthcenter.shtml)

2592 Kwina Rd.

Bellingham, WA 98226

(360) 384-0464 Fax: (360) 384-2337

Pharmacy Refill Hotline: (360) 384-0464

The mission of the Lummi Tribal Health Center is to raise the health status of the Lummi people, other American Indian, and Alaska Natives to the highest possible level. To carry out this mission, the LTHC will provide comprehensive health care including hospital, outpatient, medical, dental, mental health, preventive healthcare and public health services.

- Primary care
- WIC
- Dental clinic
- Mental health
- Community health services
- Chemical Addiction Recovery and Education (CARE)
- Youth Wellness chemical dependency recovery services
- Children's Services
- Community Health Representatives

### **Nooksack Health Department**

<http://www.nooksacktribe.org/departments/health/medical-clinic/>

6760 Mission Rd.

Everson, WA 98247

(360) 966-2106

- **Medical Clinic:** 2510 Sulwhanon Drive, Everson, WA 98247. (360) 966-2106. The Medical Clinic is an ambulatory clinic that provides on site, acute and preventive health care to the Nooksack Indian Tribe and eligible members of federally recognized Tribes. The Nooksack Tribal Clinic services includes; Family Medicine, Pediatric, Obstetrics and Gynecology, Family Planning, Women's Health, Diabetes Screening and Testing, Nutrition Education, and Community Health and Nurse health care practices.
- **Dental Clinic:** (360) 306-5151. The purpose of the Dental Clinic is to provide comprehensive dentistry care to include General Dentistry, Pediatric Dentistry, Specialized Dental Care Referral and Oral Health Prevention Education.
- **Behavioral Health:** (360) 966-2376. The Behavioral Health Program provides confidential outpatient mental health counseling services for children, teens and adults. The services include individual, family, couples therapy including

evaluation, assessment, crisis intervention, medication therapy, play therapy, case management, parent advocacy and psycho-social and skill development.

- **Alcohol and Chemical Dependency:** The Nooksack Alcohol and Chemical Dependency program provides a safe environment for youth, adult women and men to examine the roots of addiction and their personal growth in early recovery.

### **Sea Mar Community Health Centers**

<http://www.seamar.org/>

Community-based organization committed to providing quality, comprehensive health and human services in Washington State.

- Medical
- Dental
- Behavioral Health
- Preventive Health Services
- Long-Term Care and Affordable Housing
- Community, Education and Service Learning

### **Sea Mar Community Health Clinic, Bellingham Medical Clinic**

<http://www.seamar.org/location.php?xloc=4&xser=1&xserloc=2&xcty=1>

4455 Cordata Parkway

Bellingham, WA 98226

(360) 671-3225

Fax: (360) 671-0000

Bellingham Medical specializes in primary care family medicine, including preventative health exams, urgent-care visits, minor procedures, health education, follow-up care from hospital visits, and referrals for other medical services.

In Bellingham, in addition to medical services, Sea Mar offers dental, behavioral health, and preventative health services.

### **Sea Mar Community Health Center, Everson Medical Clinic**

<http://www.seamarchc.org/location.php?xloc=7&xser=1&xcty=1&xserloc=4>

6884 Hannegan Rd.

Everson, WA 98247

(360) 354-0766

Fax: (360) 354-7667

Everson Medical specializes in primary-care family medicine, including preventative health exams, acute-care visits, minor procedures, health education, follow-up care from hospital visits, and referrals for specialty services.

## **Health Insurance Access**

---

### **ParentHelp123**

<http://www.parenthelp123.org/>

(800) 322-2588

ParentHelp123.org is operated by the statewide non-profit WithinReach, and helps Washington State families. Use their Benefit Finder to apply for health insurance, food assistance programs and more.

### **WAHealthPlanFinder.org**

[www.wahealthplanfinder.org](http://www.wahealthplanfinder.org)

WAHealthPlanFinder.org is the official insurance exchange for Washington State use this site to apply for Apple Health for Kids, Medicaid, and Affordable Care Act (ACA) health plans.

### **Washington Autism Advocacy and Alliance**

<http://www.washingtonautismadvocacy.org/updates/>

A volunteer run organization serving approximately 2000 children and adolescents statewide. Most member families:

- don't qualify for any social services or aid and
- pay out of pocket for therapies that leaves them no money to afford them

Provides pro-bono contacts with Family Resource and Advocacy Coordinators who provide assistance with health insurance appeals and social service appeals. All members receive access to free insurance advocacy tools.

### **Whatcom Alliance for Health Advancement (WAHA)**

<http://whatcomalliance.org/>

800 E. Chestnut St. Ste. 2

Bellingham, WA 98225

(360) 788-6594

- Connects community members to care
- Promotes system improvements
- Fosters public participation in developing sound health care policies
- Many helpful tools online to determine eligibility for medical programs
- Online newsletter
- Assistance over the phone or in person by appointment

## **HANDOUTS**

**See <http://whatcomtakingaction.org/category/how-to-handouts-videos/health-coverage/> and <http://whatcomtakingaction.org/category/how-to-handouts-videos/cost-assistance/> for Health Insurance Access handouts including:**

***How to Change your Child's Healthy Options Plan***

***Changes in Medicaid for CSHCN and People on SSI***

# Hearing

---

## **Bellingham Ear, Nose & Throat**

<http://www.bellinghament.com/>

2940 Squalicum Parkway, Ste. 203

Bellingham, WA 98225

(360) 733-0640 Fax: (360) 733-1034

Diagnosis and treatment of adults and children with disorders of the ear, nose, throat, face, head, and neck.

## **Hearing Health Clinic**

<http://www.hearinghealthclinic.com>

*A division of Bellingham Ear, Nose & Throat*

2940 Squalicum Parkway, Ste. 205

Bellingham, WA 98225

(360) 671-7530 Fax: (360) 671-7568

- Comprehensive hearing evaluations
- Referrals to a physician if medical evaluation or treatment is required
- Evaluations of appropriateness and selection of assistive listening devices
- Monitoring the outcome of hearing aid fittings and adjustments for maximum benefit

## **Hearing, Speech, and Deafness Center**

<http://www.hsdcenter.org/>

North Sound Office Crown Plaza Building

114 West Magnolia St, Suite 106

Bellingham, WA 98225

Phone 360.647.0910 Toll Free 1.866.647.0910

TTY 360.647.8508 Toll Free TYY 1.877.647.850

Videophone 360.255.7166

Fax 360.647.0923

Email [bellingham@hsdc.org](mailto:bellingham@hsdc.org)

HSDC is a Western Washington service hub for clients who are deaf, hard of hearing, or have communication disorders. Comprehensive services span the life cycle and include: Early Childhood Learning/Preschool, Community ASL Classes, Audiology Services, Speech Therapy, Deaf and Hard of Hearing Advocacy Services, American Sign Language (ASL) Interpreting, and an Assistive Technology Store.

## **Washington Sensory Disabilities Services**

<http://www.wsdsonline.org>

On-site Help to Services Provided:

<http://www.wsdsonline.org/deaf-blind/>

### **1. Technical Assistance and Consultation**



- Assess how the child is currently functioning and if there are classroom or home modifications that could help.
- Develop IFSP outcomes or IEP goals and activities that are meaningful to the student.
- Establish an effective communication system, or improve an existing one.
- Locate staff resources or materials.
- Start planning for life after high school.

## 2. Training

Local, regional, and state trainings throughout the year on topics relating to children and youths with deaf-blindness.

- Training Calendar for information on upcoming training opportunities.
- 2015 Combined Summer Institute
- Recorded Trainings available online

### **Western Washington University Speech, Language and Hearing Clinic**

<https://chss.wvu.edu/csd/western-speech-and-hearing-clinic>

Ground Floor of the Academic Instructional Center (East Wing), at the south end of the Western Washington University campus.

(360) 650-3881

(TDD) (800) 833-6384

Fax: (360) 650-4334

The Clinic accepts referrals directly from clients, as well as from physicians, educators, other speech-language-hearing professionals and allied health service providers. For insurance coverage, doctor's orders are frequently required.

- Complete audiological assessment
- Evaluation to guide selection of appropriate amplification including hearing aids, assistive listening devices and cochlear implants
- Central auditory processing assessment and treatment
- Communication assessment for individuals with hearing disorders
- Family-centered individual and group aural (re)habilitation to improve listening and overall communication skills for individuals who use hearing aids and/or implantable devices
- Hearing aid and assistive listening device consultation, demonstration, recommendations, and sales

## **RELATED WEBSITES**

### **Washington State Hands & Voices**

<http://www.wahandsandvoices.org/>

A parent-driven nonprofit organization providing families whose children are deaf, deaf/blind or hard of hearing with resources, networks, and information needed to improve communication and educational outcomes for their children.

## **Early Hearing-loss Detection, Diagnosis and Intervention (EHDDI)**

<http://www.doh.wa.gov/YouandYourFamily/InfantsChildrenandTeens/HealthandSafety/EarlyHearingLoss>

The Early Hearing-loss Detection, Diagnosis and Intervention (EHDDI) Program follows the 1-3-6 goals, to ensure that infants in Washington are:

- 1 - Screened for hearing loss before hospital discharge or by one month of age
- 3 - Have a diagnostic hearing evaluation by an audiologist by three months of age (if the infant did not pass two screens)
- 6 - Enrolled in early intervention by six months of age (if a hearing loss was found)

## **National Center for Hearing Assessment and Management**

<http://www.infanthearing.org/familysupport/index.html>

Family support is an essential component of an effective EHDI system. EHDI coordinators and other stakeholders, such as the medical home and audiologists, have a responsibility to ensure:

- Families are supported: EHDI systems must ensure that families get access to culturally-competent information to help them make informed decisions. This also includes providing access family support groups to help provide emotional support as only other caregivers can offer.
- Families are partners in decision making: EHDI systems must honor family decisions about what is best for their own child and family. At a systems level, families with diverse perspectives can offer their expertise to guide EHDI practices and policies, resulting in more family-centered EHDI systems.

# **Medical Information**

---

## **American Academy of Pediatrics, Healthychildren.org**

<http://www.healthychildren.org/English/Pages/default.aspx>

## **Kids Health**

<http://kidshealth.org/>

Kids Health provides families with perspective, advice, and comfort about a wide range of physical, emotional, and behavioral issues that affect children and teens.

### **Medline Plus**

<http://www.nlm.nih.gov/medlineplus/>

### **National Institutes of Health**

<http://www.nih.gov/>

### **NIH National Center for Complementary and Integrative Health**

<https://nccih.nih.gov/>

## **Medical Equipment and Supplies**

---

### **Lions Club Wheelchair Warehouse**

[http://www.bellinghamcentrallions.org/Programs/WCW/Wheelchair\\_Warehouse.html](http://www.bellinghamcentrallions.org/Programs/WCW/Wheelchair_Warehouse.html)

(360) 752-5526

Mondays & Thursdays, 9:00-11:30 except holidays

WCW loans durable medical equipment to folk in Northwest Washington. It is a free service, though we gladly accept donations. Equipment loaned includes low vision aids, wheelchairs, power chairs, walkers, crutches, canes, and bedside and bathroom helpers of all kinds. Loans are for three months, but may be extended based on need. We also loan equipment to people who are traveling or have visiting relatives. Churches, schools and clinics also borrow equipment to support their programs.

### **Bellevue Healthcare**

<http://www.bellevuehealthcare.com/>

1025 N State St.

Bellingham, WA 98225

(866) 451-2842

### **Norco Medical**

<http://www.norco-inc.com/store-locations/bellingham>

101 E. Stuart Rd

Bellingham, WA, 98226

(360) 746-0826 Fax: (360) 594-6092

### **Hoagland Pharmacy**

<https://www.hoaglandpharmacy.com/medical-equipment/>

2330 Yew St.

Bellingham, WA 98229

(360) 685-5004 Fax: (360) 685-5055

## **HANDOUTS**

***See Medical Equipment and Supplies handouts including:***

***Paying for Diapers with Provider One Medical Coverage***

# Mental Health, Counseling and Behavior Management

---

## **Animals as Natural Therapy**

<http://www.animalsasnaturaltherapy.org/>

721 Van Wyck Rd.

Bellingham, WA 98226

(360) 671-3509

Animals as Natural Therapy (ANT) provides alternative healing and support for local youth, veterans and their families. ANT's comprehensive "Creating Pathways" projects create opportunities for hope and healing through impactful interactions with horses and other farm animals. Horses require a person to learn to calmly and quickly resolve problems while teaching important life skills such as confidence, honesty, trust, empathy, leadership, and clear communication—a powerful experiential solution for learning to face life's challenges.

## **Blue Water Behavioral Consulting**

<http://www.bluewateraba.com/>

360-499-3508 Fax: 360-230-3272

Rachel D. Wagner, M.S., BCBA, Executive Director/Owner

[rachel.wagner@bluewateraba.com](mailto:rachel.wagner@bluewateraba.com)

Blue Water's mission is to provide effective, ethical, and evidence based treatment to individuals and families affected by autism and other developmental disabilities. Blue Water provides home, community and school based ABA services.

## **Catholic Community Services**

<http://www.ccsww.org/>

Call Access to Mental Health at (888) 693-7200 to access services.

Mental health services to Medicaid eligible children and their families in Whatcom, Skagit and Snohomish Counties.

- Individual and/or family counseling/therapy
- Medication evaluation/management
- Coordination with primary care physicians
- Case management
- Groups for children and adolescents that focus on managing behaviors and emotions, and developing self-care and interpersonal relationship skills

## **Compass Health**

<http://www.compasshealth.org/locations/>

1. **Bellingham: 3645 East McLeod Rd.**

<http://www.compasshealth.org/locations/bellingham-3645-e-mcleod-road/>  
Bellingham, WA 98226  
(360) 676-2220 Fax: (360) 676-7750

This location provides:

- Adult Intensive Outpatient Program (IOP)
- Whatcom County
- Group Therapy - Adults
- Psychiatric Services
- Older Adult Services
- Outpatient Children and Family Services
- Offender Re-entry Community Safety Program (ORCSP)
- Adult Outpatient Services
- Adult Intensive Outpatient Program (IOP)

## 2. Bellingham: Rainbow Recovery Center

<http://www.compasshealth.org/locations/bellingham-209-w-holly-street/>  
209 W. Holly St.  
Bellingham, WA 98225  
(360) 752-2577

Located in downtown Bellingham, the Rainbow Recovery Center is a recovery program designed to help mentally ill adults recover from the effects of their illnesses and reintegrate into the larger community.

The Center offers resources to help members meet their basic needs, such as meals, showers, laundry, mail, computer access, and human companionship. It also offers referrals for counseling and medication, as well as assistance in finding housing and employment. Meetings for members and staff are held every morning at 9:30 a.m. Various support groups and other special meetings occur throughout the rest of the day.

## 3. Bellingham: 2030 Division St.

<http://www.compasshealth.org/locations/bellingham-2030-division-street/> Bellingham, WA 98226  
(360) 676-2020 Fax: (360) 676-2210

This location provides the following services:

- Involuntary Treatment Act Services
- Crisis Triage & Stabilization
- Voluntary Crisis Outreach & Stabilization
- Jail Transition Services

## 4. Crisis services 24/7: call (800) 584-3578

### Endless Potential, LLC

<http://www.endlesspotentialllc.com/home.html>  
(360) 930-6063  
Robyn Newberry  
[contactus@endlesspotentialllc.com](mailto:contactus@endlesspotentialllc.com)

Provides clinic-based Applied Behavior Analysis (ABA) services in Bellingham, WA. Generally skills are introduced and mastered in the clinic, then practiced in the community to ensure generalization and maintenance.

Serving age range: 0-21yo

### **InterPlay Academy**

<http://www.interplayacademy.com/>

(360) 739-8676 or (360) 739-5881

InterPlay Academy is a private experiential education facility located just north of Bellingham, Washington. We provide our “learning partners” with transformative experiences of connection which teach the skills to heal the symptoms of disconnection in our lives.

### **Medicaid Applied Behavioral Analysis (ABA) Therapy Program**

<http://www.hca.wa.gov/medicaid/abatherapy/Pages/index.aspx>

360-725-1681

[ABA@hca.wa.gov](mailto:ABA@hca.wa.gov)

The Health Care Authority has an Applied Behavior Analysis (ABA) therapy benefit for Apple Health Kids clients with a diagnosis in the Autism Spectrum Disorder classification. Please contact Lin Payton at the Health Care Authority to start or learn about the coverage process.

### **Mental Health Resources in Whatcom County**

<http://whatcomalliance.org/mental-health/>

(360) 788-6594

Resources include referrals to the Behavioral Health Access Program (BHAP)

If you have Washington Apple Health (Medicaid) and are seeking mental health services, please call the ACCESS line at 1-888-693-7200.

BHAP connects people to affordable mental health counseling services in Whatcom County. Counseling services are provided by licensed mental health professionals at various clinics and private practices in the community.

### **Northwest Autism Clinic**

<http://northwestautismclinic.com/>

360-691-9824

Dr. Melissa MacNeal

[mmacneal@earthlink.net](mailto:mmacneal@earthlink.net)

Intensive ABA intervention, treatment and verbal behavior therapy Age range: 2-16yo

- ABA (Applied Behavior Analysis) Therapy
- Delayed Speech and Language Development
- Diagnostic Assessment
- Program Management
- School Consultations
- Challenging Behaviors
- Social Skills Training

### **OurTreeHouse**

<http://www.our-treehouse.org/>  
1212 Indian St. PO Box 4124  
Bellingham, WA 98227  
(360) 223-6681

Our TreeHouse is run by Kids' Council Northwest (KCNW). It provides grief support group to children, teens, and their families after a death of someone significant. Children and teens meet in a supportive environment to share their thoughts and feelings in a talking circle and through grief-related activities, art and play. Trained volunteers facilitate each support group. Advance registration required.

### **Pacific Northwest Autism**

<http://www.pacificnorthwestautism.com/index.html>  
4152 Meridian St. Ste. 105-146  
Bellingham, WA 98226  
(360) 348-6414

Conducts assessments, design goals and programs based on Applied Behavior Analysis (ABA) and then trains the family, caregivers and instructors to carry out the interventions.

### **Sendan Center**

<http://sendancenter.com/>  
1616 Cornwall Ave. Ste. 100  
Bellingham, WA 98225  
(360) 305-3275

Fax: (360) 734-5503

- Child and Adolescent Psychiatry and Psychotherapy
- Behavior Services: In-home and in-school:
- Tutoring
- Autism Diagnosis and Treatment, including ABA
- Psychoeducational Testing and Treatment
- Education Advocacy

## **RELATED WEBSITES**

### **National Institute of Mental Health**

<http://www.nimh.nih.gov>

### **National Alliance on Mental Health (NAMI)**

<http://www.nami.org/>

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI advocates for access to services, treatment, supports and research and is steadfast in its commitment to raising awareness and building a community of hope for all of those in need.

### **National Alliance on Mental Health (NAMI) - Whatcom County**

<http://www.namiwhatcom.org/>

NAMI, the National Alliance on Mental Illness, of Whatcom County is the local branch of the nation's largest grassroots mental health organization. NAMI Whatcom increases community support for recovery and reintegration of persons who have mental illness. They hold Mental Illness Awareness Workshops and Educational Program meetings. NAMI also holds a number of Support Groups; Monthly Family Support, Suicide Survivors Support, and NAMI Connection.

### **The Balanced Mind**

<http://www.thebalancedmind.org/>

Parent Network - a program of Depression and Bipolar Support Alliance (DBSA)  
The Balanced Mind Parent Network (BMPN), a program of the Depression and Bipolar Support Alliance (DBSA), guides families raising children with mood disorders to the answers, support and stability they seek.

### **Whatcom Mental Health Providers Directory**

<http://namiwhatcomdirectory.org/whatcom-mental-health-providers/>

NAMI of Whatcom County's database of local mental health and substance abuse providers

## **Nutrition Assessment and Education**

---

### **PeaceHealth Nutrition & Diabetes Clinic**

<http://www.peacehealth.org/st-joseph/services/diabetes-and-nutrition/Pages/Default.aspx>

4465 Cordata Parkway, Suite B  
Bellingham, WA 98226  
(360) 752-5601  
Fax: (360) 752-5667

The PeaceHealth St. Joseph Medical Center Nutrition & Diabetes Clinic works with patients, either individually or in groups, to help them discover the best ways to manage their health through diet, nutrition, exercise, lifestyle changes, or, if needed, improved use of diabetes medications, including insulin. *A physician referral is required.*

### **Sea Mar Health Education**

[http://www.seamar.org/static\\_pages/preventive\\_whatcom.php](http://www.seamar.org/static_pages/preventive_whatcom.php)

4455 Cordata Parkway  
Bellingham, WA 98226  
(360) 788-7145

Free health education classes including basic nutrition, exercise counseling, diabetes education, healthy kitchens (some classes in Spanish).



## **WIC-Women, Infants and Children**

<http://www.whatcomcounty.us/678/Women-Infants-Children-WIC-Program>

The Special Supplemental Nutrition Program for Women, Infants and Children (WIC) is a preventive health and nutrition program that provides short term assistance to young families to promote optimal growth and development

### **Services:**

- Nutrition and health assessment
- Nutrition education
- Breastfeeding counseling
- Vouchers for specific nutritious foods
- Health and social referrals

- **Whatcom County Health Department**

<http://www.whatcomcounty.us/678/Women-Infants-Children-WIC-Program>  
(360) 676-6762

- **Lummi Tribal Health Center**

[http://www.lummi-nsn.org/website/dept\\_pages/health/healthcenter.shtml](http://www.lummi-nsn.org/website/dept_pages/health/healthcenter.shtml)  
(360) 384-0464

- **Nooksack Health Department**

<http://www.nooksacktribe.org/departments/health/medical-clinic/>  
(360) 966-2106

- **Sea Mar Community Health Center**

<http://www.seamar.org/location.php?xloc=4&xser=1&xserloc=2&xcty=1>  
(360) 788-7150

## **Occupational Therapy**

---

### **Capstone**

3111 Newmarket St.  
Suite 101  
Bellingham, WA 98226  
360-752-1115  
Phone: (360) 354-1115

Offers Speech, Occupational, Physical, and Massage Therapy.

### **Pacific Kids Therapy**

<http://www.pacifickidstherapy.com/>  
148 Harborview Drive  
Bellingham, WA 98225  
(360) 393-6210      Fax: (360) 738-8786

Occupational Therapy services to assist children to become independent in their daily activities.

- Evaluation Treatment
- Parent training
- Consultation with families and other professionals

### **PeaceHealth Children's Therapy**

<https://www.peacehealth.org/phmg/bellingham-lynden/services/specialty-care/childrens-therapy/Pages/Default.aspx>

4545 Cordata Parkway, Ste. LL4

Bellingham, WA 98226

(360) 752-5622

For children (0-12 years) with identified or suspected neurodevelopmental disabilities or delays. Medical coupons accepted. Medical insurances are billed directly. Written referral by the primary care physician required.

- Neurodevelopmental assessment
- Occupational therapy
- Physical therapy
- Speech therapy

### **Pediatric NDT & SI Therapy Services**

<http://www.susanmcnut.net/Pages/aboutus.aspx>

348 West King Tut Rd.

Bellingham, WA 98226

(360) 398-2772

A private clinic located on a small farm. A variety of modalities including

- Therapeutic animals
- Hydrotherapy
- Hypnotherapy
- Sensory integrative equipment is utilized to assist children in developing sensorimotor, communication and social interaction skills.

### **Washington Elks Therapy Program for Children**

<http://www.tallelks.org/therapy.htm>

(800) 825- 3557 or (253) 472-6223

Email: [waelks@waelks.net](mailto:waelks@waelks.net)

A private non-profit organization which provides home-based occupational therapy services to children at no cost to families.

## **Oral Health**

---

### **Oral Health for People with Special Needs**

<http://www.doh.wa.gov/YouandYourFamily/OralHealth/PeoplewithSpecialNeeds>

- Educational Materials: Oral Health Promotions Cards and Brochures for Children with Special Needs list evidence-based oral health messages and

oral health resources. Brochures are designed to be used with patients to discuss good oral health habits.

- Oral Health Fact Sheets for People with Special Needs. Fact sheets are for mild to moderate manifestations of a number of special needs conditions. For most conditions there are separate fact sheets for Dental Professionals, Medical Professionals, and Parents and Caregivers. Fact sheets can be found on the University of Washington Oral Medicine website.

### **Whatcom Alliance for Health Advancement (WAHA) Dental**

<http://whatcomalliance.org/dental/>  
(360) 788-6594 TTY: (800) 833-6388

WAHA's access counselors can talk with you about a variety of dental resources and help you find the best option to get the care you need including urgent dental care

### **Access to Baby and Child Dentistry**

<http://abcd-dental.org/>

A dental program for children birth to age 5 with Apple Health for Kids (DSHS) that helps kids get early dental care.

### **Whatcom Project Access (WPA)**

<http://whatcomalliance.org/whatcom-project-access/>

WPA links volunteer dentists with low income, uninsured Whatcom County residents who currently have a dental need.

### **Whatcom County Oral Health Coalition (HappyTeeth.org)**

<http://www.happyteeth.org/>

Broad.-based coalition working to improve oral health among community members of all ages through prevention, education, and increased access to dental care..

## **HANDOUTS**

***See Oral Health handouts including:***

***WAHA's Dental Care Resources for Kids***

# **Physical Therapy**

---

## **Capstone**

3111 Newmarket St.  
Suite 101  
Bellingham, WA 98226  
360-752-1115  
Phone: (360) 354-1115

Offers Speech, Occupational, Physical, and Massage Therapy.

### **Harmony Physical Therapy**

<http://www.harmonyphysicaltherapy-mfr.com/contact/>  
(360) 441-6053 Fax: (360) 676-1035

Heather Cullen, private practice

### **Integrative Physical Therapy Services**

<http://www.integrativephysicaltherapyservices.com/>  
2114 James St.  
Bellingham, WA 98225  
(360) 715-8686 Fax: (360) 715-1680

Specializes in the treatment of both adult and pediatric clients.

- Manual therapy
- Movement analysis
- Structural approach
- Corrective exercises
- Patient education

### **PeaceHealth Children's Therapy**

<https://www.peacehealth.org/phmg/bellingham-lynden/services/specialty-care/childrens-therapy/Pages/Default.aspx>  
4545 Cordata Parkway, Ste. LL4  
Bellingham, WA 98226  
(360) 752-5622

Written referral by the primary care physician required.

For children (0-12 years) with identified or suspected neurodevelopmental disabilities or delays. Medical coupons accepted. Medical insurances are billed directly.

- Neurodevelopmental assessment
- Occupational therapy
- Physical therapy
- Speech therapy

### **Whatcom Physical Therapy**

<http://whatcompt.com/>  
250 G St.  
Blaine, WA 98231  
(360) 332-8167 Fax: (360) 332-0931

Whatcom Physical Therapy specializes in providing generalized care with an emphasis in orthopedics.

#### **Blaine**

250 G St.  
Blaine, WA  
98231  
(360) 332-8167

#### **Ferndale**

St.5709 Hamlin Ave.  
Ferndale, WA  
98248  
(360) 384-5171

#### **Point Roberts**

2030 Benson Rd.  
Point Roberts, WA  
98281  
(360) 332-8167

# Recreation

---

## **Arne Hanna Aquatics Center**

<http://www.cob.org/services/recreation/aquatic/>

1114 Potter St.

Bellingham, WA 98229

(360) 778-7665

Adapted swim program and general swim and classes.

## **Bellingham Parks and Recreation**

<http://www.cob.org/government/departments/parks/>

3424 Meridian St.

Bellingham, WA 98225

(360) 778-7000

Fax: (360) 778-7001

- Publishes the Leisure Guide quarterly to inform public of recreation events, and classes. <http://www.cob.org/services/recreation/activities/leisure-guide.aspx>
- Publishes maps and descriptions of trails in Bellingham
- Provides accommodations for special needs
- Activities are available specifically for children and adults with special needs.

## **Dan Godwin Community Center**

[http://arcwhatcom.org/wp/?page\\_id=29](http://arcwhatcom.org/wp/?page_id=29)

2602 McLeod Rd

Bellingham, WA 98225

(360) 715-0170 or 1-866-284-8444

Recreational and educational activities for persons with developmental disabilities

## **FACES. Northwest**

<http://www.facesnorthwest.com>

(360) 389-2151

A 501(c)3 non-profit corporation founded and operated by parents of children with autism in Whatcom County. Private pay, partially covered by Extended School Year school district funds.

Eight-week therapeutic recreational day camp in July and August for children and young adults with autism from ages 5 through 21.

## **ADA Access: Accessing Washington's Outdoors for Persons with Disabilities**

<http://wdfw.wa.gov/accessibility/>

Washington State is recognized for its wide array of outdoor recreational activities and wildlife. The Department of Fish and Wildlife (WDFW) encourages all persons with a disability to experience recreation in Washington's wonderful outdoors.

Numerous opportunities are offered for hunters and anglers with disabilities through legislative mandates, statues, and policies complying with provisions of the Americans with Disabilities Act (ADA). See [Disability FAQs](#) for details.

### **Fishing Licenses**

[https://fishhunt.dfw.wa.gov/wdfw/disability\\_apps.html](https://fishhunt.dfw.wa.gov/wdfw/disability_apps.html)

The following are eligible for a combination fishing license (fresh water, salt water, and shellfish) and/or hunting license(s) at a discounted rate. See Disability Fee Schedule.

- Resident who permanently uses a wheelchair as certified by the doctor
- Resident who is blind or visually impaired
- Resident with a developmental disability as determined by DSHS authority or physicians signature

### **Max Higbee Center**

<http://www.maxhigbee.org/>

1210 Bay St. Ste. 102  
Bellingham, WA 98225  
(360) 733-1828

Max Higbee Center provides recreation programs for teens and adults (ages 14+) with developmental disabilities.

We offer **five** permanent programs:

- Our **Weekend Drop-In Center** operates on Friday and Saturday evenings from 5:00-9:30.
- The **Community Access Program (CAP)** operates Monday through Friday in the afternoon from 2:30-5:30.
- **SPIN Dances** occur on the 3rd Monday of every month, except July from 6:00-8:00pm.
- **365 Fitness Program** operates on Tuesday and Thursdays from 10:00-2:30.
- Our new **DayTime Drop-in Center** operates on Monday, Wednesday and Fridays from 10:00-2:30

### **National Parks and Federal Recreational Lands Pass**

<http://www.nps.gov/findapark/passes.htm>

Access Pass for free admission to National Parks and Federal Recreational Lands for U. S. Citizens or permanent residents with permanent disabilities

The pass may be obtained in person at a federal recreation site or through the mail using the application form at:

[http://store.usgs.gov/pass/access\\_pass\\_application.pdf](http://store.usgs.gov/pass/access_pass_application.pdf).

The cost of obtaining an Access Pass through the mail is ten dollars (\$10) for processing the application (the Pass is free). Applicants must provide documentation of permanent disability and residency or citizenship.

### **NorthWest Therapeutic Riding Center**

<http://www.nwtrc.org/>

1884 Kelly Rd.

Bellingham, WA 98226

(360) 966-2124

A nonprofit program, providing therapeutic horseback riding to people of all ages with a wide range of disabilities.

### **Special Olympics in Whatcom County**

[http://specialolympicswashington.org/support\\_programs/local\\_programs/whatcom](http://specialolympicswashington.org/support_programs/local_programs/whatcom)

Bellingham Independents, Bellingham Schools, and North Whatcom offer Special Olympics programs for children and adults with intellectual disabilities who love sports and want the challenge of competing with their peers. The programs run year round offering competition in several sports including: Basketball, Athletics (track & field), Aquatics, Soccer, Softball, and Bowling. The goal is to provide a program of physical fitness with an emphasis on sportsmanship, friendships, and FUN!

### **The Center for Children with Special Needs Summer Camp Directory**

<http://cshcn.org/resources-contacts/summer-camp-directory>

(206) 987-3736

The Summer Camp Directory for Children with Special Healthcare Needs is available in an interactive online version or you can download the PDF version. The online version has the most current information.

### **TOPSoccer of Bellingham**

<http://www.bellinghamsoccer.org/programs/topsoccer>

US Youth Soccer TOPSoccer (The Outreach Program for Soccer) is a community-based training and team placement program for young athletes with disabilities, organized by youth soccer association volunteers. The program is designed to bring the opportunity of learning and playing soccer to any boy or girl, who has a mental or physical disability. Our goal is to enable the thousands of young athletes with disabilities to become valued and successful members of the US Youth Soccer family.

## **Regional Medical Centers**

---

### **Center on Human Development and Disability**

<http://depts.washington.edu/chdd/>

University of Washington

PO Box 357920

Seattle, WA 98195-7920

(206) 543-7701

## Seattle Children's Hospital

<http://www.seattlechildrens.org/>

4800 Sand Point Way NE

Seattle, WA 98105

(206) 987-2000, 866-987-2000 (toll-free)

# Service Animals

---

## Brigadoon Service Dogs

<http://www.brigadoondogs.org/>

4759 Mission Rd.

Bellingham, WA 98226

(360) 733-5388

We provide trained service dogs for veterans, other adults, and children with physical, developmental, and behavioral health disabilities to promote a more independent and enriched life.

- **Service Dog Program:** raises and trains assistance dogs for children and adults with physical and/or developmental disabilities
- **Youth Program:** pairs at-risk students with assistance dogs in training. They help train these amazing canines to perform special tasks, and in the process the students learn valuable life skills.

## RELATED WEBSITES

### Pet Partners

<http://petpartners.org/>

Pet Partners is the national leader in demonstrating and promoting positive human-animal therapy, activities and education. Therapy animals aren't just dogs. Cats, horses, rabbits, pigs, birds, llamas and alpacas, guinea pigs and even rats are eligible for evaluation through the Pet Partners program.

# Speech and Language Therapy

---

## Capstone

3111 Newmarket St.

Suite 101

Bellingham, WA 98226

360-752-1115

Phone: (360) 354-1115

Offers Speech, Occupational, Physical, and Massage Therapy.



## Connections

<http://www.connectionsslp.com/>  
1145 Mt Baker Hwy.  
Bellingham, WA 98226  
(360) 756-1495

- Our certified speech language pathologists serve children from birth through age 21. We treat a range of disabilities including: Speech/language impairment
- Developmental disabilities
- Autism
- Genetic syndromes
- Hearing loss
- Sensory integration
- Feeding problems.

## PeaceHealth Children's Therapy

<https://www.peacehealth.org/phmg/bellingham-lynden/services/specialty-care/childrens-therapy/Pages/Default.aspx>  
4545 Cordata Pkwy. Ste. LL4  
Bellingham, WA 98226  
(360) 752-5622

Written referral by the primary care physician required.

For children (0-12 years) with identified or suspected neurodevelopmental disabilities or delays. Medical coupons accepted. Medical insurances are billed directly.

- Neurodevelopmental assessment
- Occupational therapy
- Physical therapy
- Speech therapy

## Western Washington University Speech-Hearing-Language Clinic

<https://chss.wvu.edu/csd/western-speech-and-hearing-clinics>  
Ground Floor of the Academic Instructional Center (East Wing), at the south end of the Western Washington University campus.  
(360) 650-3881 (TDD) (360) 650-3262 Fax: (360) 650-4334

The Clinic accepts referrals directly from clients, as well as from physicians, educators, other speech-language-hearing professionals and allied health service providers. For insurance coverage, doctor's orders are frequently required.

- Audiological assessment. Otoacoustic emissions, electro physiologic testing and other assessments are conducted
- Evaluation to guide selection of appropriate amplification including hearing aids, assistive listening devices and cochlear implants
- Central auditory processing assessment and treatment
- Communication assessment for individuals with hearing disorders

- Family-centered individual and group rehabilitation

## Transition to Adult Services

---

### **The Arc of Whatcom County**

<http://www.arcwhatcom.org/>

2602 McLeod Rd.

Bellingham, WA 98225

(360) 715-017

Fax: (360) 715-85220

Information and guidance regarding guardianships and legal issues when transitioning to adult services

### **DSHS Developmental Disabilities Administration**

<https://www.dshs.wa.gov/dda>

(360) 714-5000

Contact the [Developmental Disabilities Administration](#) to see what services may be available.

## RELATED WEBSITES

### **Adolescent Health Transition Project**

<https://depts.washington.edu/healthtr/>

Center on Human Development and Disability

University of Washington

Box 357920

Seattle, WA 98195-7920

(206) 685-1350

A resource for teens and young adults with special health care needs, chronic illness, physical or developmental disabilities.

### **Center on Human Development and Disability**

<https://depts.washington.edu/chdd/>

University of Washington

Box 357920

Seattle, WA 98195-7920

(206) 543-7701

The Center on Human Development and Disability (CHDD) is one of the nation's largest and most comprehensive interdisciplinary service, research, and training centers focusing on children and adults at risk for or who have established developmental disabilities.

### **New Directions for Young Adults**

<http://www.ndfya.com/>

New Directions is a state of the art multidisciplinary clinical program for typical young adults and young adults with special needs. Our program integrates expertise in cognitive behavioral therapy, developmental theory, and

neuropsychology, into an evidenced-based treatment approach. Our goal is to help all young adults achieve the goal of independent living.

## HANDOUTS:

See <http://whatcomtakingaction.org/category/how-to-handouts-videos/transition-to-adulthood/> for **Transition to Adult Services handouts including:**

**Future Planning Guide**

# Transportation

---

## Medicaid Transportation

<http://www.nwrcwa.org/medicaid-transportation/>

Northwest Regional Council

600 Lakeway Drive, Ste. 100

Bellingham, WA 98225

(360) 738-4554 in Whatcom County)

(800) 860-6812 or (800) 585-6749 (in other counties and Point Roberts)

Fax: (360) 734-5476 or (360) 734-5446

Transportation assistance options include:

- transit passes for public transportation
- gas vouchers for use of personal vehicles
- intercity buses (such as Greyhound)
- taxi
- paratransit service
- cabulance service
- ferry tickets
- air and water taxi service

## Paratransit (Whatcom Transportation Authority)

[http://www.ridewta.com/specialized\\_transportation](http://www.ridewta.com/specialized_transportation)

Eligibility information: (360) 733-1144.

Specialized Transportation provides curb-to-curb transportation to people who are unable to ride fixed route buses due to a mental or physical disability.

Everyone who rides Specialized Transportation must first apply for eligibility.

Eligibility requirements have been established by the Americans with Disabilities Act (ADA).

Specialized Transportation trips must be requested in advance. Requests can be made until 5 pm the day before you ride, and up to 7 days in advance. Subscription service is also available for repeat trips.

## HANDOUTS

See <http://whatcomtakingaction.org/category/how-to-handouts-videos/transportation/> for **Transportation handouts including:**

***Transportation Help to Medicaid-Covered Medical Appointments***

***Gas Vouchers for Medicaid-Covered Medical Appointments***

***Sample Fax Form for Gas Vouchers***

## Vision

---

### **Bellingham Central Lions Club Frank Haskell Eye Clinic**

[http://www.bellinghamcentrallions.org/Programs/Eye\\_Clinic/Eye\\_Clinic.html](http://www.bellinghamcentrallions.org/Programs/Eye_Clinic/Eye_Clinic.html)

1013 West Holly, Bellingham, WA 98225

(360) 733-5120 x 100

The Frank Haskell Lions Eye Clinic is a free clinic for qualifying low income applicants in Whatcom county. The clinic is sponsored by the Bellingham Central Lions Club and operated by Lighthouse Mission Ministries. All services are free of charge to qualifying low-income applicants.

Fill out an application for eye exam at

[http://www.haskelleyeclinic.com/uploads/9/0/6/2/9062554/intake\\_application\\_6.1](http://www.haskelleyeclinic.com/uploads/9/0/6/2/9062554/intake_application_6.1)

[7.14\\_2.pdf](#) and return to the Bellingham Lions Club, PO Box 602, Bellingham, WA

98227 or the Lighthouse Mission, PO Box 548, Bellingham, WA 98227. Once you

have turned in your application, we will contact you regarding an appointment time or the next step.

### **Washington Sensory Disabilities Services**

<http://www.wsdsonline.org>

On-site Help to Services Provided:

<http://www.wsdsonline.org/deaf-blind/>

#### **1. Technical Assistance and Consultation**

- Assess how the child is currently functioning and if there are classroom or home modifications that could help.
- Develop IFSP outcomes or IEP goals and activities that are meaningful to the student.
- Establish an effective communication system, or improve an existing one.
- Locate staff resources or materials.
- Start planning for life after high school.

#### **2. Training**

Local, regional, and state trainings throughout the year on topics relating to children and youths with deaf-blindness.

- Training Calendar for information on upcoming training opportunities.
- 2015 Combined Summer Institute
- Recorded Trainings available online

### **National Federation of the Blind**

<https://nfb.org/>

Advocacy, education, research, technology, and programs encouraging independence and self-confidence.

- Information about vision loss
- Resources for Living, Working, Learning and Recreation

### **Northwest Braille Services**

<http://www.healthsupportcenter.org/nwbs/>

PO Box 234

Ferndale, WA 98248

(360) 384-6494

Northwest Braille Services is a nonprofit organization, whose purpose is to provide Braille materials, education, and information to individuals, groups, and/or agencies.

- Braille Transcription
- Braille Book Loan
- Braille Information Workshops (local)
- Braille Transcriber Training
- Resource Referral Service

### **Northwest Eye Surgeons**

<http://www.nweyes.com/>

1306 Roosevelt Ave.

Mt. Vernon, WA 98273

(360) 428-2020

Werner Cadera, MD - specialist in pediatric ophthalmology

### **Northwest Vision & Learning Center**

<http://www.visionnorthwest.org/>

1705 S. 324th Pl.

Federal Way, WA 98003

Seattle: (253) 661-6005

Tacoma: (253) 925-5221

Fax: (253) 661-0633

Curtis R. Baxstrom, M.A. O.D.

### **Northwest Vision Development Center**

<http://www.nwvisiontherapy.com/>

1616 Cornwall Ave. Ste. 105

Bellingham, WA 98225

(360) 393-4479

Fax: (360) 746-8661

Peter Charron, O.D.

### **Optometric Physicians NW**

<http://www.optometricphysiciansnw.com/>

2222 James Street, Suite A

Bellingham, WA 98225  
(360) 676-4030

*Infants: See providers, pediatric eye exams, vision therapy and co-managed eye care*

# Whatcom County Resource Directories

---

## **Opportunity Council Resource Directory**

<http://fms1.opppo.org/resources/guide.php>

## **Washington Information Network**

<http://www.win211.org/>